



Monthly Journal of
**KARNATAKA POSTS AND TELECOMMUNICATIONS
PENSIONERS' ASSOCIATION (R)**

(KSR Act 1960, REG. No. 1069/98-99)
(FORMERLY RMS PENSIONERS' ASSOCIATION)

Registered as "A Wholly Charitable Trust" U/S 12A of I.T. Act 1961

Registered Office: Pensioners' Bhavan, Telecom Layout, Srirampura Phase II Bengaluru-560064

Working Office: # 165, 4th Main, 3rd Block, 3rd Stage, Basaveshwaranagar, Bengaluru-560 079 Phone: 23230545

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VOLUME XXIV

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OCTOBER 2023

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**CLEANLINESS DRIVE ON 1ST OCTOBER 2023
ASSOCIATION PARTICIPATES IN THE NATIONWIDE CAMPAIGN**



In compliance of the desire expressed by the Department of Pension and Pensioners Welfare, New Delhi that the Association participate in the "Swachhta Pakhwada" by holding cleanliness drive on 1st October 2023, Karnataka P&T Pensioners' Association, Bengaluru conducted cleanliness drive in the 1st Main Road and 11th Cross of Telecom Layout, off Bengaluru International Airport Road, Jakkuru Cross, Srirampura, Bengaluru 560064 near the Association's building "Pensioners Bhavan".

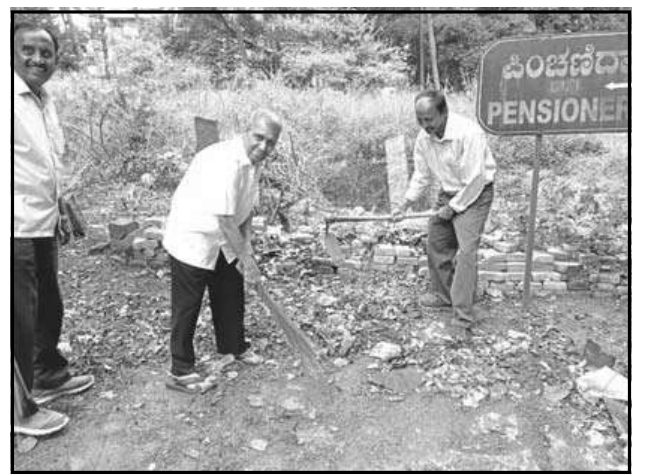
A good number Pensioners actively participated in the drive and cleaned the surroundings of Pensioners Bhavan. 1st Main

Road and 11th Cross of Telecom Layout were selected for cleaning purposes. The Roads were cleanly swept and the trash disposed of. The drive lasted for about 90 minutes.

Before commencement of the campaign, "Swachhta Pledge", a draft of which was sent to the association by DOP&PW, was read out by the Secretary and repeated by all the participants as desired by the Department of Pension.

Some of the residents & representatives of Telecom Layout Residents Welfare Association also participated in the Swachhta Abhiyan

Photos: Page 2



After Cleaning

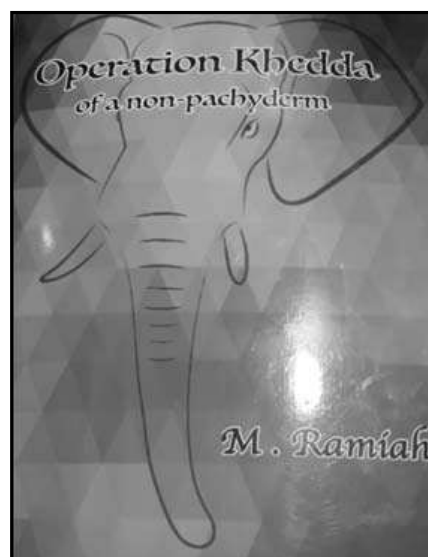
AN OBJECTIVE ACCOMPLISHED



"Operation Khedda of a Non-Pachyderm" the book authored by Shri M. Ramiah, former Vice- President and Permanent Advisor to Karnataka P&T Pensioners' Association has, so far, by its sale proceeds, contributed Rs.60,770 to the

building fund of the Association. We are grateful to the CPMG, Karnataka Circle, PMG, Headquarters Region, PMG South Karnataka Region, PMG North Karnataka Region, Director, PTC Mysuru and the PMG, Chennai City Region and Dr. Charles Lobo, Member (Retd) Postal Services Board for the help extended by them in promotion of the sale of the book. The books were supplied to all the officers in entire Karnataka Postal Circle and Chennai City Region by the respective offices. We understand that the books were supplied by the Heads of Postal Divisions to ASPOs/ IPOs of the division and by the PTC Mysuru to higher level officers who undergo training at PTC.

Only a few copies are now available with the association. Therefore, we appeal to our members and subscribers to our journal please to purchase the books. The sale proceeds would go to the Building fund of the association



which surely, would further enhance its financial position.

We are grateful to Sri M. Ramiah, the author, who so generously donated the entire sale proceeds of Rs.60,770 to the association's building fund. It is to be noted that this amount of Rs.60,770 is in addition to his personal donation of Rs.2,02,020.

The book priced Rs.120/- will be sold at a discounted price of Rs.100/- including postage for sending it by registered post. Orders may please be placed with Sri. V Murugan, Joint Secretary, KP&TPA on his mobile No. 9902020537 through a WhatsApp message

ALL INDIA CONSUMER PRICE INDEX						
Month	CPI Base 2016=100	CPI base 2001=100	12 Months total	Monthly average	7th CPC % increase over 261.42	DR due
Dec 22	132.3	132.3x2.88 = 381	4467	372.25	42.39	42% from Jan, 2023
Aug 23	139.2	139.2x2.88 = 401	4641	386.75	47.94	46% from July, 2023

* linking factor for conversion of the index numbers of 2016 base year to 2001 base year: 2.88

BSNL IDA

IDA From 1-7-2023, 205.60% (3.3% increase over April 2023 rate of 202.30%)

IDA From 1-10-2023, 215.6% (10% increase over July 2023 rate of 205.6%) Order in page 4

Standing Committee of Voluntary Agencies (SCOVA) Reconstituted

Karnataka Posts and Telecommunications Pensioners Association nominated to SCOVA for the third term

We are extremely glad to inform our members that our association has been included in the Standing Committee of Voluntary Agencies (SCOVA) reconstituted by the Department of Pension and Pensioners Welfare on 26.9.2023.

Our association has been nominated to the membership of SCOVA for a term of 2 years which is likely to be extended for another 2 year term on expiry of the first 2 year term.

We believe that our incredible performance over the past 3 decades has paid us the dividends and earned us due recognition from the Government of India, Department of Pension and Pensioners Welfare resulting in our nomination to SCOVA for the 3rd term.

With the above nomination to SCOVA now in 2023, our association will be in its 3rd term

with SCOVA. Earlier, we were in SCOVA in 2005, 2006, 2007, 2008, (1st term) & 2013, 2014, 2015, 2016 and 2017 (2nd term) .

Our leader Com N.Bhaskaran the founder Secretary and our Permanent Advisor and the late B Sadashiva Rao, former President, who steered the association to greater heights during their 2 decade long service in the cause of Pensioners Welfare deserve all the credit in this regard.

Contribution of our former Executive Committee Members and the present Executive Committee Members led by Sri G. Babu, President including Sri M Ramiah, former vice-president & permanent advisor and Sri S.M. Vittal Rao, former Treasurer in establishing an association with great credibility deserves to be placed on record. We are greatfull to the Department of Pension & PW for nominating our Association for the third term.

DOPPW order - Pages 10-11

**BSNL
IDA**

Gol, Ministry of Finance, Department of Public Enterprises,
OM No. W-02/0002 /2014-DPE(WC)-GL-XIX/2023 dated 6th October, 2023

Board level and below Board level posts including Non-unionised supervisors in Central Public Sector Enterprises (CPSEs)-

Revision of scales of pay w.e.f. 01.01.2007 Payment of IDA at revised rates

The undersigned is directed to refer to the para 6 and Annexure-II(B) of DPE's OM dated 26.11.2008 wherein the rates of DA payable to the Board level and below Board level executives and non-unionized supervisors of CPSEs have been indicated. The rate of DA payable to the executives and non-unionized supervisors of CPSEs **w.e.f 01.10.2023 for 2007 pay scales is 215.6%.**

2. The above rate of DA i.e. 215.6 % would be applicable in the case of IDA employees who have been allowed revised pay scales (2007)

as per DPE O.Ms. Dated 26.11.2008, 09.02.2009 & 02.04.2009.

3. All administrative Ministries/Departments of the Government of India are requested to bring the foregoing to the notice of the CPSEs under their administrative control for necessary action at their end.

4. This issues with the approval of the Competent Authority.

Naresh Kumar
Under secretary

Central Govt. Holidays in November, 2023

Deepavali	12-11-2023	Sunday
Gurunank's Birthday	27-11-2023	Monday

Our Readers Write

That the Co-ordination Committee of Central Government Pensioners' Association, Karnataka, is celebrating its Silver Jubilee is a matter of joy for all of us connected with the premier organisation in our country. It is unbelievable that the Committee has sailed through smoothly both in rough and fair weather for the last 25 years. Started by veteran trade union leaders like N.Baskaran and the late B.Sadashiva Rao, the legacy is being continued by the present team led by K.B. Krishna Rao and competently supported by the sympathisers through thick and thin.

The souvenir brought out on the occasion delineates the steady progress made by the Committee leading to several achievements to its credit. It gives a renewed hope to all the pensioners. A 'must read' for all the members of our Association.

R. Soundararajan LM 710

Nagapattinam 611003. Mobile: 95664 36643

The article 'Elder Abuse Awareness' by Mr R Soundararajan is worth reading. The statistics are frightening. It is true that the elderly need health insurance of some sort.

V.Gopal , LM 2157

Small Savings – Interest rate			
Gol, Ministry of Communications, Department of Posts, (Financial Services Division)			
F.No 113-03/2017-SB (Pt.1) Dated: 29.09.2023			
Revision of interest rates for Small Savings Schemes w.e.f. 01.10.2023			
Sl. No.	Instrument/ Scheme	Rate of Interest from 01.07.2023 to 31.09.2023	Rate of Interest from 01.10.2023 to 31.12.2023
1	Post Office Saving Account	4.0	4.0
2	1 Year Time Deposit	6.9	6.9
3	2 Year Time Deposit	7.0	7.0
4	3 Year Time Deposit	7.0	7.0
5	5 Year Time Deposit	7.5	7.5
6	5 Year Recurring Deposit	6.5	6.5
7	Senior Citizen Savings Scheme	8.2	8.2
8	Monthly income Account Scheme	7.4	7.4
9	Sukanya Samriddhi Account Scheme	8.0	8.0
10	Public Provident Fund Scheme	7.1	7.1
11	National Savings Certificate	7.7	7.7
12	Kisan Vikas Patra	7.5	7.5
		(will mature in 115 months)	(will mature in 115 months)

C A T Principal Bench, New Delhi allows the application filed by the All India BSNL Pensioners Welfare Association (AIBSNLPWA) vide its Order dated 20-09-2023. Relevant paras of the order reproduced below.

Central Administrative Tribunal Principal Bench, New Delhi

OA No. 1272/2020, MA No. 1581/2020, MA

No. 76/2020, M A No. 1582/2020 with OA No. 1271/2020 & OA No. 1329/2020

Reserved on 24-08-2023

Pronounced on 20-09-2023

Hon'ble Mr. Tarun Shidhar, Member (A)

Hon'ble Mrs. Prathima K Gupta, Member (J)

30. We have no hesitation in concluding that the present application deserves positive consideration. The government had given a promise and stated it in black and white. How could it now retract from the promise, that too not by any law or rules but by simply a refusal to honour it ?

31. In view of the elaborate discussion above, the OA stands allowed. The competent authority amongst the respondents is directed to forthwith revise the pension and family pension wherever applicable, strictly in accordance with the relevant rules and the entitlement governing pension to various sets of employees of the Central Government, maintaining strict parity. It is clarified

that the benefits of revision of pension and family pension as notified by the Central Government on the recommendations of the Pay Commission, shall stand extended in favour of the applicants, analogous to the revision of such pension in case of Central Government pensioners.

32. The directions contained herein shall be complied with within a period of ten weeks from the date of receipt of a certified copy of this order.

33. The OA stand allowed against the background of the aforesaid directions. Pending MA(s), if any, stands disposed of accordingly.

(Tarun Shridhar)
Member (A)

(Pratima K. Gupta)
Member (J)

Legal Opinion given by Sri Gautam Narayan, Advocate, Supreme Court on the above order of CAT P B

1. My opinion has been sought with regard to whether the common judgment dated 20.9.2023 delivered by the Principal Bench of the Central Administrative Tribunal, New Delhi in OA No. 1271 of 2020, 1272 of 2020 and 1329 of 2020 (hereinafter referred to as "the common judgment dated 20.9.2020") will cover/encompass the case of even those erstwhile DoT employees who were absorbed in BSNL and who superannuated after 1.1.2017

2. I have gone through the common judgment dated 20.9.2023. In my considered view, having given thoughtful consideration to the common judgment, it will cover all persons who were absorbed from the erstwhile DoT in BSNL on corporatisation of the former in the year 2000

and superannuated/will superannuate from the latter.

3. This is evident from a reading of Para 22 of the common judgment dated 20.9.2023 which refers explicitly to absorbee pensioners and makes no distinction between those who have superannuated prior to 1.1.2017 and those who will superannuate thereafter para. 22 of the common judgment is being reproduced hereinbelow for ease of reference.

5. In view of the aforesaid paragraphs, in my opinion, there is no ambiguity with regard to the application of the common judgment to all absorbee pensioners without any distinction on the basis of their time of superannuation.

Submission of Life Certificate by Pensioners in November 2023: Details of Camps being organised

All Pensioners are required to submit their Life Certificate to the Pension Disbursing Authority (Bank / Post Office), every year in November before 20th of the month. Pensioners aged 80+ can submit their life certificate either in October or November

Last year 13 members of KP&TPA voluntarily visited residences of 965 aged infirm pensioners to help them to submit their life certificate from the confines of their homes. They organised 23 Digital Life Certificate Camps in Bengaluru and other places Viz: Mysuru, Shivamogga, Hassan and Chikkamagaluru in coordination with Coffee Board Pensioners Association, headed by Sri T V Suryaprakash as its Secretary. They helped a record number of **3143** pensioners to submit their digital life

certificate making use of the “Face Authentication Technology” launched by the Department of Pension and Pensioners Welfare in collaboration with UIDAI & Ministry of Electronics and Information Technology (Miety).

The Association topped the list of Pensioners Associations in the country in generating life certificates during 2022.

Similarly during this year - 2023, we will conduct DLC camps and our 19 volunteers will also visit residences of aged pensioners who register their names with us.

By 24th October they have visited residence of more than 300 pensioners.

Details of camps, Names of the volunteers and their telephone numbers are furnished hereunder.

Digital Life Certificate Camps – November 2023		
Date	Camp Venue	Volunteers
1.11.2023 (Wednesday) 10.00 AM	Coffee Board Layout – Nagabhushana Rao's Residence, No.193, 3rd Cross, Coffee Board Layout, Hebbal-Kempapura, Bengaluru 5600024	TVS/KRA/BN/VM/ SKR/RSNM
2.11.2023 (Thursday) 9 AM	Sahakaranagar Residents Welfare Association, Venue: Sri Balamuri Siddhivinayaka Temple Premises, Sahakaranagar, Bengaluru 5600092	KRA/BN/VM/NMH/ HSR/BAS/RSNM
2.11.2023 (Thursday) 10 AM	Vijayanagar/Basaveshwarnagar/ Rajajinagar Area. Venue: Basaveshwarnagar Senior Citizens Forum, 1 st Floor, Hiriyanagarikar Kendra, 3 rd Cross, Kirloskar Colony 1 st Stage, Basaveshwarnagar	TVS/KN/VR/VG/RSNM/ NRA/VSN/MBS Coordinator: Shamasundar : 9986520345
3.00 PM	Residence of T R Shankara Murthy, No.35, (844), 8 th Main, 1 st Cross, SK Layout, Jnanajyothi Nagar, Near Kengunte Circle, Bangalore University,	VR/KN/AP/VG/VSN Coordinator: Shankara Murthy : 9448851517
3.11.2023 (Friday) 10.30 AM	Hassan. Venue: Sri Setharamanjaneya Temple, Park Road, Northern Extn, Hassan Local Representative: 1. Sri H N Srinath 9480392650 2. Sri N D Nanjundegowda: 9900743028	TVS/KRA/BN/VM

Date	Camp Venue	Volunteers
3.11.2023 (Friday) 10 AM	AGs Office Layout Near Poornaprajna Layout- BN Ramesh Residence, No.182, 3rd Main, AG's Layout, Arehalli, Bangalore 560061(Mob:9880596436)	VR/VG/KN/AP/NRA
4.11.2023 (Saturday) 10 AM	Chikmagalur – Venue: Chikkamagaluru Head Post Office Local Representatives: (1) Sri. K. Ramaiah (Mob: 9663104325/ 9480636809) (2) Sri. H.N. Dssharaty: 8951390901 3) Sri. H.S. Rajendra: 9449066507	TVS /KRA/BN/VM
5.11.2023 (Sunday) Mysuru 09.30 AM onwards	Mysuru Sadvidya Educational Institutions # 7, Narayana Sastry Road, Mysore- 570024 Contact : (1) Sri P M Parameshwaraiah, President, Central Govt. Pensioners Assn. Mysuru. Mobile: 9449621314 (2) Dr. C. Srinivasan, Coffee Board Pensioners Association: 9886319648, (3) R.M. Vijayakumar, CBPA: 9380187885 (4) K.N. Kumar, CBPA: 9448412390	TVS/KRA/BN/VM
5.11.2023 Sunday 10.30.AM	Kanakapura Road Area :Smart Cerebrem Pvt. Ltd. 175, 1st Floor, Rushyshrunga Road Konnankunte, Bengaluru 560062. Opp: Konnanakunte Bus Stop (Behind Medplus)Phone:08026321822 / 41122512	VR/VG/KN/AP/NRA
6.11.2023 (Monday) 10.30 AM	HMT Layout Residents' Welfare Association No.3, 9 th Cross, 3 rd Block, HMT Layout, Behind BSNL Office, Vidyaranyapura, Bangalore 560097	KRA/BN/VM/NMH
6.11.2023 (Monday) 10.30 AM	Jayanagar – Residence of Sri TV Suryaprakash, No.319, I Floor, 16th 'A' Main Road, Jayanagar 4th 'T' Block, Bangalore 560041	TVS/VG/VR/RSNM/ AP
7.11.2023 (Tuesday) 10.00 AM	NGO Hall, DRDO Township, C V Raman Nagar, Bengaluru 560093 Contact: T Dresikan, Secretary, DRDO Pen Assn: 9448055574	TVS/VR/VG/RSNM / KN
10.00 AM	Jalavayu Vihar, Quarters	KRA/BN/NMH/KA/VM
8.11.2023 (Wednesday) 10.30 AM	P&T Quarters, Kavalbyrasandra	VM/NMH
8.11.2023 (Wednesday) 10.30 AM	Shivamogga: Prasanna Ganapathi Temple, Ravindranagara, Shivamogga. Contact: V Shashidhara: 9448839884	KRA/BN/TVS
9.11.2023 (Thursday) 10.30 AM	Sai Baba Temple Premises,Vidyaranyapura Road Bengaluru	KRA/BN/NMH/VM/ HSR/BAS

Date	Camp Venue	Volunteers
9.11.2023 (Thursday) 10.30 AM	Vinayaka Angla Madhyama School 1st Main, Srinivasanagar 2nd Block, Banashankari 1st Stage, Bengaluru 560050 (About 300 Mtrs. from Vidyapeetha Circle towards Seetha Circle)	TVS/VR/VG/KN/AP/RSNM/NRA
10.11.2023 (Friday) 10.30 AM	Sahakaranagar Residents Welfare Association, Venue: Sri Balamuri Siddivinayaka Temple Premises, Sahakaranagar, Bengaluru 5600092.	KRA/BN/NMH/HSR/ BAS
11.00 AM	Residence of Sri E. Mathiyazhagan No.142, KSFC Layout, A Main Road Near KSFC Park, Oil Mill Road Lingarajapuram, Bengaluru 560084. 9449014510	VM/SK/TVS/VR
11.00 AM	Pensioners Bhavan, Telecom Layout, Sriramapura, Bengaluru 560064	DV/SNH/KA
13.11.2023 Monday 10.30 AM	Doddabommasandra Camp	KRA/BN/VM
14.11.2023 (Tuesday)	GPO/Coffee Board, Dr Ambedkar Veedhi, Bengaluru 560001	TVS/VR/VG/KN
14.11.2023 (Tuesday)	Senior Citizen Welfare Association Sahakarnagar, 14 th Main, 20 th Cross, Sahakaranagar, Bengaluru 560092	KRA/VM/BN/NMH/ HSR /BAS
15.11.2023 (Wednesday) 10.30 AM	Nemmadi Vishranthidhama, No.24, 11 th Cross A Road, Vaddarapalya, Andrahalli, Bengaluru 560091	KRA/BN
15.11.2023 (Wednesday) 10.30 AM	Childrens Park, 4th Main, Postal Colony Sanjay Nagar, Bengaluru Contact: D Venkateshalu: 9481812810	VM/DV/HSR
16.11.2023 (Thursday) 10.30 AM	Monica Home, Augustine Nivas, 4th Crosss, Kaveri Layout, Tavarekere, Bengaluru	TVS/VR/VG
16.11.2023 10.00 AM	R.T.Nagar, Head Post Office Bangalore Contact: V Murugan: 9902020537, 8310123690	VM/KRA/BN/DV
25.11.2023 Friday 10.30 AM	Sri Anjaneya Swamy Temple, 21st Main, Poornaprajnanagar, Uttarahalli, Bengaluru 560061	TVS/VG/VR/KN/NRA/ RSNM/AP

Volunteers: (1) TVS (TV Suryaprakash): 9448375138, (2) KRA (K.R. Anantha Ramu): 9448477129, (3) VM (V. Murugan): 9902020537 /8310123690, (4) BN (B. Nagaraju): 9964440876, (5) DV (D. Venkatesalu): 9481812810, (6) NMH (N.M. Hegde): 9448510480, (7) VG (V. Gopal): 8197918085, (8) V.R. (Vishwanatha Rao) 9343518849, (9) KN (K Nagesh): 9448705268, (10) RSNM (RSN Murthy): 9731663662, (11) SKR (S. Kasiraj) : 9535145054, (12) AP (A Prakash) :9449002952, (13) NRA (N R Anantha): 9481487557, (14) SNH (S.N.Hiremani): 9449848102, (15) KA (K Anand) :9449018299, (16) (HSR) HS Ramesh Babu: 9740929913, (17) (BAS) BA Suryaprakash: 9449016336, (18) (VSN) V S Naik :9900496293, (19) (MBS) M B Shivalingaiah:9964144731

(For further details contact : TV Suryaprakash : 9448375138, K.R. Anantha Ramu: 9448477129)

Reconstitution of Standing Committee of Voluntary Agencies (SCOVA)

Composition of Committee: DOPPW Resolution dated 26.09.2023

*Gol, Ministry of Personnel, Public Grievances and Pensions, Department of Pension & Pensioners' Welfare
OM No. F.No 42/08/2023-P&PW(D) Dated 26th September, 2023*

RESOLUTION

Consequent upon expiry of tenure of the Standing Committee of Voluntary Agencies (SCOVA) constituted vide this Department's Resolution No. 42/09/2020-P&PW(D) dated 25th January, 2021 for a period of two years, the Government of India has decided to reconstitute the SCOVA with the following composition.

(a) Minister of State (Personnel, PG & Pensions)
Chairman

(b) Secretary, Department of Pension & PW
Convener & Member Secretary

(c) Official Members:-

(i) Representative of Ministry of Finance

(ii) Representative of Ministry of Defence

(iii) Representative of Ministry of Railways

(iv) Representative of Department of Posts

(v) Representative of Department of Telecom

(vi) Representative of Ministry of Health & Family Welfare

(d) Non-official Members (15 Pensioners Associations)

(i) Standing Group (5 Associations)

S.No

Name of the Pensioners Associations

1. Baroda Central Pensioners Association, Raopura, Shree Apartment, Shanker Pole, Opp. Police Station, Raopura, Vadodara-390001, Gujarat
2. All India Central Govt. Pensioners' Association, Cuttack, Kanika Square (Chhak), Behind Akshaya Mohanty Park, Tulshipur, Cuttack Odisha
3. All India Central Govt. Pensioners' Association, Sadashiv Peth, Phadke Sankul, Near Vidhyarthi Griha, Pune Maharashtra
4. Indian Ex-services League, 9 Nyaya Marg, Chankyapuri, New Delhi-110021
5. All India Federation of Pensioners' Association, Chennai, G-2 Soundarya, new 51 (old No. 22), Kavarai Street, West Saidapet, Chennai, 600015, Tamilnadu

(ii) Rotating Group (10 Associations)

1. Defence Accounts Pensioners' Association, C/o PCDA (Southern Command) No.1, Finance Road, Pune, Maharashtra-411001
2. Central Government Pensioners' Welfare (Regd), Jammu Olympic Association Building, Parade, Jammu-180001
3. Postal Accounts & Audit Pensioners' Association, Teerathroop, 63, Dharampeth Housing Society Layout No-3, Deendayal Nagar, Nagpur, Maharashtra
4. Ex-Defence Employees Welfare Association, C/o K.C Malik, Bhoisahi (Karanjia), Near KV PO-Balasore, Balasore, Odisha-756001
5. Jharkhand Pensioners' Welfare Kalyan Samaj, R.No. 101, Block-B, Colleceriate Building, Court Compound, Ranchi-834001, Jharkhand
6. Retired Railway Employees Association, Jagadhri B-IX/1324, Arya Samaj Mandir, Vishnu Nagar, Jagadhri Workshop, Yamunagar, Haryana
7. All India Organisation of Pensioners, 120/469, Lajpat Nagar, Kanpur Uttar Pradesh Coordination Committee of Central Govt. Pensioners' Association, KG Bose Bhaban, 68-B Malanga Lane, Kolkata-700 012, West Bengal
8. Coordination Committee of Central Govt. Pensioners' Association, KG Bose Bhaban, 68-B Malanga Lane, Kolkata-700 012, West Bengal

9. Karnataka Posts and Telecommunications Pensioners' Association, No.165, 4th Main, 3rd Block, 3rd Stage, Basaveshwaranagar, Bengaluru, Karnataka
10. JIPMER Pensioners Association, 33, 3rd Cross, Mohan Nagar, Puducherry.

2. The term of SCOVA being reconstituted through this Resolution will be of 2 years. The Standing Group members would serve for three terms of two years each (total 6 years) from the date of inclusion in SCOVA or till the pleasure of the Chairman, SCOVA, whichever is earlier. The Rotating Group members would serve for one term of two years from the date of inclusion in SCOVA and would be eligible for re-nomination for one more term or till the pleasure of the Chairman, SCOVA, whichever is earlier.

3. The SCOVA will hold its meeting as often as may be necessary. However, it will meet at least once in a year.

4. The SCOVA will function to promote the following objectives:-

(i) To provide a feedback on implementation of policies/programme of the Department of

Pension and Pensioners Welfare.

(ii) To discuss and critically examine the policy initiatives; and

(iii) To mobilise voluntary efforts to supplement the Government action.

5. Travelling Allowance and Daily Allowance to Non-official members for attending the meeting of SCOVA shall be regulated in accordance with the provisions of SR190 and orders of Government of India there under as issued from time to time and this Department's letter no. 42/11/2014-P&PW(G) dated 19.05.2014.

6. The expenditure involved will be met from within the sanctioned budget grant of Department of Pension & Pensioners Welfare.

(Ravinder Kumar)
Director

Number of Pensioners & Family Pensioners

Number of Pensioners and Family Pensioners as on 31-03-2023 – information furnished by Dr Jitendra Singh, Minister of State in the Ministry of Personnel, Public Grievances and Pensions and Minister of State in the Prime Minister's office in answer to question No.2200 in the Lok Sabha on 02-08-2023

SI No.	Department	No. of Pensioners	No. of Family Pensioners	Expenditure for the year 2022-23 (Rs. in crores)
1	Civil Pensioners	7,80,509	3,61,476	40,811.28
2	Defence Pensioners	23,31,388	8,35,043	1,25,269.42
3	Telecom Pensioners	3,17,992	1,20,766	12,448.00
4	Railways Pensioners	8,56,058	6,69,710	55,034.00
5	Postal Pensioners	1,95,298	1,06,467	8,214.85
	Total	44,81,245	20,93,462	2,41,777.55

OBITUARY

Sri A Krishnappa, Retd. H M M, Bangalore City RMS, LM 689, expired on 15.09.2023 at the age of 83 years

The Executive Committee of K P&T PA conveys its heartfelt condolences
to the members of the bereaved family

ANUBHAV AWARDS 2023



**Sri P. Damodara Bhat (right) receiving the award from
Dr. Jitendra Singh Hon'ble Union Minister for Personnel, Public Grievances and Pensions
Sri V. Srinivas, IAS, Secretary DOPPW is in the Centre**

Sri P Damodara Bhat, Retd. Senior Superintendent RMS Bangalore Sorting Division (SSRM), member of KP&TPA bags "Anubhav" award instituted by Govt. of India, Ministry of Personnel, Public Grievance and Pensions, Department of Pension and Pensioners' Welfare, New Delhi.

Sri P Damodara Bhat was awarded the prestigious "ANUBHAV" award for the year 2023 in recognition of his invaluable services in the Department of Posts. A write up submitted by him after his retirement, about his decades long experience in the Department of Posts in various positions that he had held, was evaluated by the Secretaries and Joint Secretaries of the Departments of the Government of India and was selected for the award. The underlining importance of the award that Sri Damodar Bhat received is that his write-up on his 'Anubhav', during his service with the Govt. of India, selected for the award is one of

the 4 write-ups out of 1901 entries received by the Department of Pension during the year 2023. The award was presented to Sri Bhat by the Hon'ble Union Minister for Personnel, Public Grievances and Pensions Dr. Jitendra Singh on 23-10-2023 in a glittering "Anubhav Award presentation ceremony" held at Vigyan Bhavan, New Delhi. Karnataka P&T Pensioners' Association extends its hearty congratulations to Sri Damodar Bhat.

Sri Bhat is the 2nd recipient of the Anubhav Award among the members of the Associations. The 1st recipient was Smt. Nagalakshmi, Retd. Assistant Chief Accounts Officer, O/o. the General Manager, Postal Accounts and Finance, Karnataka Circle, Bengaluru and Vice-President, Karnataka P&T Pensioners' Association.

The Association is proud of both of its members for their singular achievements

ABOUT ANUBHAV

The Anubhav portal was launched in March 2015 at the behest of the **Hon'ble Prime Minister** for retiring government officials to leave a record of their **experiences** while in Govt service.

It is **envisaged** that this culture of leaving notes by retirees will become the foundation stone of good governance and administrative reforms in future.

In order to **encourage** submission of write-ups by retired Government servants, an Annual Award Scheme was started in 2016. On **fifth Anubhav Award Ceremony**, 15 Awards were given away by the **Hon'ble Minister of State (PP)** for the year 2020, 2021 and 2022.

For the year 2023, write ups from 1901 pensioners were received. 4 Awards and 9 Jury certificates were given away by Dr. Jitendra Singh Hon'ble Minister of State, Ministry of Personnel, Public Grievances and Pensions on 23-10-2023.

APPEAL FOR DONATIONS FOR THE BUILDING FUND

We appeal to our **Members who have not yet paid** their contribution to the building fund to remit their donation. 83rd list of donations is published in this issue.

Amount may please be remitted by *crossed cheque* payable to "Karnataka P&T Pensioners' Association". Cheques may please be sent to: K.R.AnanthaRam, No 1158, 7th Main, 7th Block, HMT Layout, Vidyanarayapura, Bangalore-560097. (Mob: 9448477129) or

Preferably, be credited to the Association's Bank account:

Name: Karnataka P&T Pensioners' Association;

Bank: State Bank of India, Branch: HMT Layout branch, Vidyanarayapura, Bangalore 560097

Current Account No. **64209078453**, IFSC: **SBIN 0040659**

New members are also requested to donate generously to the building fund

INCOME TAX EXEMPTION: 50% of the amount of donation made to K P&T PA, is eligible for deduction in the gross total Income of the assessee under Section 80-G of Income Tax Act **under the old Tax Regime**

Please invariably inform us of the details of credit through a message or phone call on Phone No. 9448477129 / 9483467750 to enable us to acknowledge the receipt of the amount and to send you a receipt

List of donations received up to 31-03-2023 has been uploaded to the website of the association 'ktpa.org'. Donors are requested to visit the website and check-up whether their names have been correctly mentioned and the amount donated has been correctly indicated in the list. Discrepancies, if any, may please be informed to the Secretary on Phone - 08023230545 or mobile 9483467750

Donation for the Building Fund - 83rd List September-October 2023

Sl No.	Name Sri/Smt.	Membership No.	Amount Rs.	Receipt No.	Progressive Total of donation
1661	K.S.Ramanathan	1805	30000	5766	1,85,000
1662	Kalpna	1910	3000	5762	20,000
1663	G.V.Vishveshwaraiah	Well wisher	1000	5773	
1664	S.A.Narayan	2413	500	5774	1000

Sale of Books - Operation Khedda of a Non-Pachyderm

Name	Amount	Receipt No.	Progressive Total
M. Ramiah	4373	5775	60770

We are thankful to the following members who have generously donated Rs. ONE LAKH and above to the building fund as on 25-10-2023

Name	Membership No	Total Amount in Rs.	Name	Membership No	Total Amount in Rs.
Ramaiah.M	3	2,02,020	Krishnan.R	502	1,26,000
By Sale of Books		+ 60,770	Nagarathnamma	1384	1,10,000
Ramanathan.K.S	1805	1,85,000	Rangarajan.M.T	1974	1,10,000
Vittala Rao.S.M	48	1,66,700	Channappa.B.L	838	1,01,159
Hanji.M.M	1286	1,50,001	Attavar Yoganand	644	1,00,100
Brahmadeva.G.A	1753	1,32,500	Sadashiva Rao.B	4	1,00,000
Ramaiah.N	1174	1,30,000	Shankar.M.N	1781	1,00,000
			Gopal.V	2157	1,00,000

Subscription received for Pensioners' Champion During September-October 2023

Rs.180/- Smt./Sri	Rs. 180/- Smt./Sri	Rs. 200/-240/- Smt./Sri	Rs. 400/- Smt./Sri
342 B.R.Rabindranath Singh	2911 Nagarathna(FP)	2095 K.Chandran 200	2459 B.G.Mehta
604 R.Satyavathi	2940 Purandara Hebbar	2927 Parashurama 200	Rs. 500/- Smt./Sri
967 Marjorie.B.K.Nair	2954 A.S.Nagendra	2618 M.Srinivasa 240	2413 S.A.Narayan
988 N L Krishna	2986 G.S.Puttanna	Upadyaya	2781 H.G.Mate
1077 T.S.Ramasetty	3112 Swaranjit Singh	Rs. 360/- Smt./Sri	Rs. 540/- Smt./Sri
1250 V.Srimathi	3177 N.S.Anuradha	1326 K.Parimala	838 B.L.Channapa
1561 K.G.Bhuvanendra	3178 Aneelkumar	1543 Ravindranath Guru	987 Ananda theerthachar
1804 K.S.Janardhanachary	3276 N.Vasudevan	1569 T.Ramakrishnappa	1362 Savitri Haridas(FP)
1910 Kalpana	xxx G.K.Gayana	2256 Sheila.P.Tolani	Rs. 1000/- Smt./Sri
1962 B.R.Sankeshwar	Rs. 200/-240/- Smt./Sri	2375 K.Balan	1688 P.N.Ramakrishnan
2311 J.Elumalai	68 V.Nagabushan Rao 200	2942 Vaman Kavathekar	
2906 I.G.Medappa	1758 K.Selvaraj 200	3205 S.Siddaraju	

Correction : B.V. Chandrashekar, LM 3041 Rs. 540 against 180, July 2023

We Welcome the Following Newly Enrolled Members

Sl.No.	Name (Smt./Sri)	Designation & Office in which last worked	Type & No.
1	D.M.Chandra Naik	Office Superintendent, HSG I, O/o CPMG, Karnataka Circle, Bg	LM 3356
2	S.Visweswaraiiah	Sub Postmaster, HSG II, Jayanagar 3rd Block PO, Bengaluru	LM 3357
3	T.B.Ramalingaiah	Postmaster, HSG I, Basaveshwaranagar PO, Bengaluru	LM 3358
4	C.S.Nalini	Office Supervisor(P), Commercial Section, South Block, BSNL, Bg.	LM 3359
5	J.Mukunda	Assistant General Manager, BG West, Department of Telecommunications	LM 3360
6	B.Mohan	Postal Assistant, Kengeri Post Office, Bengaluru	LM 3361
7	K.R.Krishnamurthy	Sub Postmaster, JSS Dental College Premises PO, Mysuru	LM 3362

LM: Life Member

ALM: Associate Life Member

Office of the Additional Director, CGHS, Bengaluru-560034
Order No.19-3/2022/ ADMN.(129)/ 2530

CGHS

Dated: 04/08/2023

Empanelment of NABH/NABL accredited Health Care Organizations through Continuous Empanelment Scheme under CGHS Bengaluru & Mysuru.

After following the due process, the HCOs mentioned in the enclosed list, are finalized as per the terms and conditions laid down in the tender finalized in 2017. These HCOs have accepted the CGHS 2014 rates including the rates revised vide O.M F.No.Z15025/28/2022/DIR/CGHS dated 12/04/2023 and O.M FE No.Z15025/8/2023/DIR/CGHS dated 19/06/2023, signed MOA and have executed Performance Bank Guarantee and have also given undertaking to abide by all the orders issued by the directorate in addition

to the terms and conditions mentioned in MOA and shall be extending all the facilities available in the HCO to CGHS and other categories of CGHS /Central Govt. beneficiaries including CSMA beneficiaries and autonomous body beneficiaries. Accordingly these hospitals are empanelled with effect from 04.08.2023 for a period upto 31.10.2023 or till the date as extended by the Directorate, whichever later.

Additional Director
CGHS Bangalore

EMAPANELMENT OF HCOS UNDER CGHS BENGALURU W.E.F 04/08/ 2023

Sl. No.	Name of the Hospitals	NABH/NABL STATUS	Nodal Officer Details	FACILITIES AVAILABLE
1	DR. AGARWALS EYE HOSPITAL No. 1792, Ward No.18, Adichunchanagiri Road, Near Kaveri School, Kuvempunagar, Mysore – 570 023	NABH & Non-NABL	Dr. Dinesh Kumar 8884477945 dinesh.kumar @dragarwal.com Devaraj : 77660011161 Devaraj@dragarwal.com	Exclusive Eye Hospital
2	ASG HOSPITAL PVT LTD – MYSURU No. 861, CH-3, Narayana Shastri Road, Mysuru	Non-NABH & NABL	Vijayan Francis 9600232356 mysore@asgeyehospital.com Pradeep Prashad 7849832991	Exclusive Eye Hospital
3	AARTHI SCANS & LABS No.156, 9th Main, 3 rd Block, Jayanagar, Bengaluru– 560 011	Non-NABH & NABL	Lakshmi Narasimha. N 9150743330 Corporate.sales@ aarthiscans.com Karthikeyan. B : 9066037011 bangaloreom@ aarthiscans.com	Exclusive Diagnostic Centre

It is understood that “Arathi Scans & Labs is providing Diagnostics services to CGHS beneficiaries at their branches also located in the following areas of Bengaluru city. Dasarahalli, Hebbal, Hesarghatta, Indiranagar, Jayanagar, Jayanagar east, J P Nagar, K.R.Puram, Koramangala, Mahadevapura, Malleshwaram, Marathahalli, Nagarbhavi, Padmanabhanagar, Prakash Nagar, Rajaji Nagar Metro, Rajajinagar, R S Palya, Uttarahalli & Vijayanagar

CGHS

*Ministry of Health & Family Welfare, Directorate General of CGHS, Office of the Director,
CGHS F. No.S-11011/90/2016 CGHS/(HEC)/AYUSH/Pt-II. Dated: /09/2023*

Clarification on the referral for CGHS beneficiaries aged 75 years & above and consultation through Video Conferencing for AYUSH system

With reference to the above mentioned subject the undersigned is directed to draw the attention to Office Memorandum vide F.No. Z.15025/35/2019/DIR/CGHS/CGHS(P) dated 29.05.2019 & 27.06.2019 and clarified that the referral for 75 years and above and consultation through Video Conferencing for AYUSH system is not appropriate since as per Ayurvedic literature, many procedures are contra-indicated after 75 years of age and in certain disease conditions also.

Moreover, to examine the physical condition of the patient whether he is eligible for

the therapy is to be assessed by the treating Ayurvedic physician for which consultation is necessary, which is not possible through Video Conferencing and therefore, referral by the treating Ayurvedic physician, for once, is required for taking the treatment from the AYUSH Day Care Centre for a period of approximately 7 days/ 15 days

This issues in consultation with the experts in the field

Dr. Manoj Jain
Director, CGHS

Licensed to post without pre-payment License No.PMG BG /WPP-392/2021-2023

Income
Tax

**Income-Tax Deduction from Salaries Under Section 192 of the Income-Tax Act, 1961
During the Financial Year 2022-23 Circular No. 24/2022 dated 7th December, 2022**

B. Rates of tax for every individual, being a resident in India, who is of the age of sixty years or more but less than eighty years at any time during the financial year: 2022-23.

Sl No.	Total Income	Rate of tax
1	Where the total income does not exceed Rs. 3,00,000	Nil
2	Where the total income exceeds Rs. 3,00,000 but does not exceed Rs. 5,00,000	5 per cent of the amount by which the total income exceeds Rs. 3,00,000
3	Where the total income exceeds Rs. 5,00,000 but does not exceed Rs. 10,00,000	Rs. 10,000 plus 20 per cent of the amount by which the total income exceeds Rs. 5,00,000
4	Where the total income exceeds Rs. 10,00,000	Rs. 1,10,000 plus 30 per cent of the amount by which the total income exceeds Rs. 10,00,000

C. In case of every individual, being a resident in India, who is of the age of eighty years or more at any time during the financial year: 2022-23

Sl No.	Total Income	Rate of tax
1	Where the total income does not exceed Rs. 5,00,000	Nil
2	Where the total income exceeds Rs. 5,00,000 but does not exceed Rs. 10,00,000	20 per cent of the amount by which the total income exceeds Rs. 5,00,000
3	Where the total income exceeds Rs. 10,00,000	Rs. 1,00,000/- plus 30 per cent of the amount by which the total income exceeds Rs. 10,00,000

RENEWAL OF SUBSCRIPTION FOR THE JOURNAL "PENSIONERS' CHAMPION"

"We earnestly request Members/Subscribers who have not yet renewed their subscription for the year 2023-24 (July 2023 to June 2024) to renew now. Amount of subscription- Members - Rs.180/- Subscribers- Rs.240/-per year. May be credited to the association's Bank Account No. 36418697411 IFSC: SBIN 0009045- SBINTI Layout Branch, Vidyaranyapura, Bengaluru 560097. Account Holder: Karnataka P&T Pensioners' Association.

Regd. Journal

If undelivered, please return to:

**Karnataka Posts and
Telecommunications
Pensioners' Association (R)
165, 4th Main, 3rd Block, 3rd Stage,
Basaveshwaranagar,
Bengaluru-560 079.**

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