



Monthly Journal of
**KARNATAKA POSTS AND TELECOMMUNICATIONS
PENSIONERS' ASSOCIATION (R)**

(KSR Act 1960, REG. No. 1069/98-99)
(FORMERLY RMS PENSIONERS' ASSOCIATION)

Registered as "A Wholly Charitable Trust" U/S 12A of I.T. Act 1961

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VOLUME XXIV

ISSUE 12

DECEMBER 2023

Annual Subscription : Members- Rs. 180/- Others - Rs. 240/- Single Copy - Rs. 20/-

**Celebration of Pensioners Day and successful
completion of Digital Life Certificate Camps**



From left: S Radhakrishna, G S, CCCGPA , Dr N. Jayasankaran, Chief Guest, K B Krishna Rao, President CCCGPA, G Babu, President KP&TPA and S Krishna Murthy, Treasurer CCCGPA

"Pensioners' Day" was observed by the Coordination Committee of Central Government Pensioners' Associations, Karnataka (CCCGPA) and its affiliate Pensioners' Associations, on 17th December, 2023 at Udaya Bhanu Kalasangha, Ramakrishna Ashram Layout, Kempegowda Nagar, Gavipuram Extn, Bangalore – 560019.

Dr. N. Jayasankaran, Former Vice Chancellor, Sri Chandrasekhara Saraswathi Vishwa Mahavidyalaya, [SCSVMV University], Kanchipuram, Tamil Nadu was the Chief Guest.

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Celebration of Pensioners Day : Photo Gallery



Dr. Jayasankaran, the Chief Guest, with other Pensioners



Get-together of DLC Volunteers at Pensioners Bhavan on 9-12-2023



Presentation of a report on Successful completion of Digital Life Certificate Camps organised by Karnataka P&T Pensioners Association and Coffee Board Pensioners Association, the 2 affiliates of CCCGPA Karnataka, was another important programme of the day. 23 volunteers who had generated 3425 Digital Life Certificates in October & November 2023 in 32 camps and 1800 visits to the houses of aged pensioners, Old age homes and hospitals were thanked profusely and their selfless service to the pensioner community was abundantly praised and placed on record. Some of the volunteers who were present in the meeting were introduced to the pensioners who had assembled in good numbers. The volunteers got a good round of applause. Many others who had provided support and infrastructure facilities for conducting DLC camps were also thanked.

Sri K B Krishna Rao, President CCCGPA, Sri S Radhakrishna, General Secretary and Sri G Babu, President KP&TPA were seated on the dais along with Dr Jayasankaran, the Chief Guest.

Sri K B Krishna Rao, briefly spoke about the significance of the Pensioners Day. Sri Radhakrishna, GS welcomed the Chief Guest and all others present, introduced Dr Jayasankaran and requested him to deliver his speech.

Dr Jayasankaran, Former Vice-Chancellor, Kanchi University & Director General, Bharathidasan Institute of Management (popularly known as BIM), an eminent professor of management, rated as one of the top five professors of management in India under the merit list published by Business Standard, a very passionate teacher, who teaches on various modules in Mathematics, Statistics, Operations Research, Indian Ethos, Organization Behavior, an orator par excellence, who has delivered innumerable lectures on a wide array of forums, ranging from fitness, academics, religion and institution building, commenced his speech

addressing the pensioners as 'young friends' which was applauded by the audience.

Dr Jayasankaran, during his hour long lecture and interaction with the audience, spoke on a variety of subjects including Health, Science, Physiology, Education, Computer Science and Artificial Intelligence.

Speaking about the role of teachers in moulding the character of students, he quoted John Ruskin, the famous English writer, Philosopher, Art Critic of the Victorian era and said that he has identified 5 professions as Noble professions Viz. Soldier, Priest, Doctor, Teacher and Legal Profession. Among these 5, Ruskin considered Teacher's Profession as the noblest. A teacher may be a Doctor, an Engineer or a Govt. Employee. Dr Jayasankaran suggested that the government must evolve a policy to utilise the services of pensioners to teach the new recruits in government services.

Interacting with the audience, to a question on the New Education Policy, he said that NEP provides for entry at any time and exit at any time. This policy will not take students anywhere as one may not become knowledgeable in any area. He criticized NEP stating that the policy has been prepared by a scientist and not by educationists.

Dr Jayasankaran throughout his speech held his audience spellbound often inviting big round of applauses. He remarked that even AI (Artificial Intelligence) is the creation of human brain. He concluded his speech advising the seniors to keep smiling always.

Sri K M Umamaheshwara Rao, President of Autonomous & Statutory Bodies Pensioners Assns thanked Dr. Jayasankaran for his inspiring and enlightening speech.

Sri G Babu President of KPTPA and Sri Kodandaram, Secretary of Central Excise & Customs Pensioners Assn., also addressed the gathering. Dr. Jayasankaran was honoured by the President with a shawl and a memento.

Gist of Items for the 33rd meeting of SCOVA suggested by K P&T PA, Bengaluru to the Dept of Pension & Pensioners Welfare for inclusion in the Agenda items of the meeting.

FOR FULL TEXT OF THE ITEMS PLEASE VISIT OUR WEBSITE: Kptpa.org LINK "WHAT IS NEW"

1) Simultaneous issuance of orders on release of both DA and DR

While the order on revision of Dearness Allowance (DA) for the serving employees is being issued by DOE, MOF, almost on the very next working day after the Central Cabinet approving the increase in the rate of DA, the order regarding increase in the rate of Dearness Relief (DR) for pensioners is being issued by DOPPW belatedly after a few days of issuance of the order on DA by DOE. For example: Order on revision of DA with effect from 1-7-2023 was issued by DOE on 20-10-2023 after its approval by the Central Cabinet on 18-10-2023. But the order on revision of DR was issued by DOPPW on 28-10-2023, 8 days after DOE issuing the order on DA. Delay in issue of order on DR causes much consternation among the pensioners and tends to make them believe that they are being discriminated. It is, therefore, requested that the issue regarding simultaneous issue of orders on increase of DA and DR may please be favourably considered which will go a long way in assuaging the feelings of pensioners.

2) CPENGRAMS

There is no column for furnishing the address of the pensioners' Association which has registered the grievance while there is a provision for entering address of the Pensioner. Therefore the offices which dispose the grievances are sending their replies intended for the pensioners association to the address

of the pensioner. It is therefore necessary that a provision is made in the grievance registration form for entering the address of the grievance registering pensioners' association also.

3) Pension Rules: Emoluments for computation of pension in respect of a government servant who is on deputation to a higher grade /level

A government servant was sent on deputation to officiate in a higher grade/post/level in another department of the government of India. After serving for 4 years in the higher grade on deputation, the GS retired from service without reversion to his substantive post. The PAO concerned while fixing his pension on his retirement, considered the pay that **he would have drawn had he continued in his substantive post** (lower grade/post/pay scale) and did not take in to **account the pay actually drawn by him in the higher grade/post/pay scale**.

In view of the provisions of Rule 31 &32 of CCS (Pension) Rules 2021, it may kindly be examined whether the fixation of pension of the Government servant with reference to the emoluments that he would have drawn in his substantive post (pay not actually drawn) instead of the emoluments actually drawn by him in the officiating post before his retirement is in order or requires revision. It is requested that necessary instructions in this regard may please be issued to all concerned.

Pension Adalat

Office of the CPMG, Karnataka Circle is holding Circle Level Pension Adalat on 18.01.2024. Grievances regarding pension related matters may be submitted to the Assistant Accounts Officer, O/o the CPMG, Karnataka Circle, Palace Road, Bengaluru 56001 by registered post or through email before 12-01-2024. Email i.d. : accts.ka@indiapost.gov.in

4) Fixed medical allowance- Stoppage of payment by Banks to Pensioners of IA&AD, Income Tax, and Excise & Customs etc.

Of late, many pension disbursing authorities (Banks) are reported to have stopped payment of FMA to some pensioners who were getting the allowance hitherto on the plea that payment of FMA has not been authorised in the PPOs.

It is understood that stoppage of FMA was in compliance with an audit objection raised by CAG during the internal audit of the office of CPAO. It seems that the instructions issued by the Department of Pension and Pensioners Welfare vide its OM F.No. 4/34/2017-P&PW(D) Dated: 31-01-2018 have been lost sight of by the Pension Disbursing Authorities (PDAs). The OM has authorised the PDAs to sanction FMA to pensioners after obtaining an undertaking along with the Form for availing Medical Facilities under central Government Health Scheme or Fixed Medical Allowance after retirement. The OM does not stipulate that PAO / CPAO must authorise payment of FMA. **The Pension Disbursing authorities have been authorised to commence payment of FMA after obtaining an application form with an undertaking in the proforma prescribed in the OM dated 31-1-2018.**

Department of Pension and Pensioners Welfare is earnestly requested to reiterate its instructions on the subject and prevail upon the PDAs to continue to pay FMA to pensioners for whom they had stopped payment after obtaining the prescribed undertaking and application form.

5) Re-fixation of pension of Pre-2006 Pensioners at 50% of the emoluments (Last Pay drawn) instead of Average emoluments and payment of arrears for the period from 1-1-2006 to 31-12-2015

From 1-1-2016, all pensioners are being paid pension at 50% of their pay or notional

pay as the case may be, without any reduction in the quantum of pension.

But, Pre-2006 pensioners whose pension was computed at 50% of their AVERAGE EMOLUMENTS were paid a lesser amount of pension during the period from 1-1-2006 to 31-12-2015 than the amount of pension that they would have been entitled to; if their pension had also been revised at 50 % of the last pay drawn or average emoluments whichever is more beneficial to them. (I.e. in cases where the last pay drawn was more than the average emoluments).

In order to correct the anomaly stated above and to extend the benefit of modifications to Pension Rules introduced from 1-1-2006 Viz. (a) delinking of 33 years of service for pension and (b) computation of pension at 50% of the emoluments (last pay drawn) or average emoluments whichever is more beneficial, to all pre 2006 Pensioners on par with post 2006 Pensioners, it is requested that the pension of all pre-2006 Pensioners may be ordered to be re-fixed at 50 % of the emoluments (last pay drawn) or average emoluments whichever is more beneficial, irrespective of the number of years of service and arrears due to them for the period from 1-1-2006 to 31-12-2015 may be paid .

6) Restoration of Commuted portion of pension after 11 years.

Commuted value of pension along with interest thereon, calculated at 8%, is recovered in full in a period of 10.906 years, whereas as per the existing rules the recovery continues for 15 years. Therefore, the recovery of commutation continues for a further period of 4.094 years even after recovery of the Commuted value of pension in full along with interest. **It is therefore requested that commuted portion of pension may be restored after 11 years from the date of retirement/ payment of CVP as the case may be.**

7) Grant of increment to the retiring employees on the date of their retirement, if the date of their increment follows their date of retirement ie. falls on the next date of their retirement - Amendment to the rules governing grant of increment & extension of the amended rule to pensioners as a one-time measure

The Hon'ble Minister of State in the Ministry of Personnel, Public Grievances and Pensions, in reply to question No.427 raised in the Parliament on 12-12-2018 as to whether the government has issued orders regarding granting of annual increment to those employees who have retired on 30th June after completion of one year of service, in implementation of the Judicial orders on the issue, had stated in his answer that ***"as the judgment is in persona and contrary to the personnel policy of Government of India, the question of issuing a general order does not arise"***.

It is, therefore, suggested that necessary amendment may please be introduced to the relevant rules to provide for grant of increment on the date of retirement of an employee if the employee had completed one year of qualifying service on that date from the date of accrual of his last increment in the pay scale which will satisfy the condition that the employee should be on duty on the date of earning an increment in a pay scale.

Decision to grant increment on the last day of the month (retirement on superannuation is on the last day of the month) will be analogous with the payment of pay and allowances on the last day of the month.

It is fervently requested that the above suggestion may please be accepted and necessary order amending the rules on grant of increment may be issued at the earliest.

Further, it is strongly urged that the provisions of the amended Rule may please be extended as a one-time measure to all pensioners who had retired after one year of

service from the date of earning of their last increment which will resolve the long pending justified demand of pensioners which has the backing of some court orders also.

8) Fixation of notional pay for revision of pension under 7th CPC in terms of DOPPW OM dated 12-5-2017 with reference to the pay level of the post from which the pensioner had retired

DoP&PW OM NO.38/37/2016-P&PW(A) dated, 12th May 2017 issued in implementation of the recommendations of the 7th Central Pay Commission envisages revision of pension/family pension w.e.f. 1-1-2016 of all Central civil pensioners/family pensioners, who retired/ died prior to 01.01.2016, by notionally fixing their pay in the pay matrix recommended by the 7th CPC in the level **corresponding to the pay in the pay scale/pay band and grade pay at which they retired/died.**

Hundreds of Central Civil Posts were upgraded to higher pay scales on the recommendations of the successive Central Pay Commissions, highest number of posts upgraded being 669 in 5th CPC followed by 162 posts in 6th CPC & 47 posts in 7th CPC. Fixation of notional pay in the level of 7th CPC pay matrix corresponding to the last pay drawn by the retiree in the pay scale/pay band from which the pensioner had retired (in terms of instructions in para 4 of the OM dated 12-5-2017) has resulted in denial of extension of the benefits of up gradation of posts to the pensioners who had retired from the same posts but, before their up gradation to higher pay scales/pay bands/grade pay. The difference in the quantum of admissible revised pension computed with reference to the notional pay corresponding to the pay in the retiring pay scale and the notional pay in the level of the pay scale of the upgraded post is quite huge in some cases.

It is, therefore, requested that the notional pay under 7th CPC for revision of

pension/family pension of pre-2016 pensioners may be fixed with reference to the notional pay that the pensioner would have drawn had he/ ***she continued in the post (after its upgradation) from which he/ she had retired*** instead of fixing the notional pay in the level corresponding to the pay in the pay scale/pay band and grade pay at which they retired/died, thereby extending the benefit of up gradation of posts to past pensioners also.

9) Revision of Pay Scales of Inspectors and Superintendents of Central Board of Indirect Tax and Customs, Department of Revenue, Ministry of Finance from 01.01.1996 instead of from 21.04.2004

In accordance with the recommendations of the 5th Central Pay Commission, the pay scales of Inspectors was revised from Rs.5500-175-9000 to Rs.6500-200-10500 and that of the Superintendents from Rs.6500-200-10500 to Rs.7500-250-12000 w.e.f 21.04.2004 vide Ministry of Finance , Department of Expenditure (Implementation Cell)O.M. F.No. 6/37/98-IC dated 21.04.2004. Revision of pay scales of the above posts from 21.04.2004 instead of from 01.01.1996, the date of implementation of 5th CPC recommendations, has resulted in great injustice to the officials who had worked in the upgraded posts between 01.01.1996 and 20.04.2004 adversely affecting also the pension of those officials who retired before 21.04.2004.

It is strongly urged that the pay scales of Inspectors and Superintendents of Central Board of Indirect Tax and Customs, which were upgraded w.e.f 21.04.2004 may please be caused to be upgraded from 01.01.1996 i.e., the date of implementation of 5th CPC report since it was because of the recommendations of the Pay Commissions those posts were upgraded to higher pay scales which will go a long way in assuaging the strong feelings of the pensioners who retired between 01.01.1996 and 21.04.2004 that they were discriminated against and were not treated at a par with those employees who worked in the same

posts.

10) SAMPANN: Non-indication of Dearness Relief (DR) paid on Age related Additional Pension in the SMS on pension credit received by DoT Pensioners – SAMPANN

Dearness Relief (DR) paid to DoT Pensioners on their age-related additional pension is not being included in the total of DR paid for the month and only the DR admissible/ paid on the basic pension is being indicated in the SMS on pension credit being received by DoT Pensioners creating confusion about the actual amount of DR admissible and paid.

Hence it is suggested that the DR admissible on Additional Pension may be indicated separately apart from DR on basic pension by introduction of a new head “**DR on Additional Pension**” in the SMS.

It is also felt that the item “**pensions after commutation**” is not at all necessary in the SMS especially when the commutation has already been restored. It may please be examined whether this particular item can be removed in the text of the SMS wherever it is not required.

11) CGHS: One time option to CGHS Beneficiaries to choose their ward entitlement based on their NOTIONAL PAY in 7th CPC Pay Matrix

Prior to revision of the rates of subscription and entitlement of wards under CGHS with effect from 1st June 2009 vide MoH&FWO.M.No. S-11011/2/2008-CGHS(P) dated 20.5.2009, ***Pensioners had an option to choose for payment of CGHS Contribution / ward entitlement based either on last pay drawn or their pension.*** Pensioners who had opted for payment of Contribution based on their pension got lower entitlement of ward than the entitlement based on their last basic pay. Consequent upon implementation of the recommendations of 7th CPC, the rate of CGHS Contribution was revised to be based on the

levels in the Pay matrix and the ward entitlement on the corresponding basic pay in 7th CPC. The revised rates were introduced w.e.f 1.1.2017. Pensioners who are entitled for higher ward entitlement based on their notional Pay in 7th CPC Pay Matrix continue to be eligible for lower ward entitlement since they had opted for determination of their entitlement based on their pension at the time of their retirement/admission to CGHS. It is seen that even in cases where pensioners had opted for determination of their CGHS contribution and ward entitlement on the basis of **last pay**, they would now be entitled for higher wards Viz: Semi-private and Private ward, re-determined with reference to their notional pay under the 7th CPC.

A large number of pensioners who have now become entitled to semi-private or private wards in consideration of their NOTIONAL PAY under the VII CPC Pay Matrix, have been denied their actual entitlement for higher ward for treatment in hospitals since the CGHS Cards issued to them indicate "General Ward" for those who are now entitled for semi-private ward and either General ward or Semi-private ward for those who are now entitled for private ward. Since the CGHS Cards were issued to them at the time of their retirement when the pay scales were low under the previous pay commissions and in respect of some the ward entitlement was determined on pension at their option this anomaly has arisen and needs to be corrected to render justice to such pensioners.

It is, therefore, requested that the issue may please be pursued with the Health Ministry (CGHS) in the 33rd meeting of SCOVA and CGHS may please be very strongly urged to allow onetime option to Pensioners to opt for re-determination of their ward entitlement based on their notional pay in 7th CPC Pay Matrix, which would make them eligible for higher wards in Private Hospitals empanelled under CGHS and settle their long pending highly justified demand.

12. CGHS Issues which call for immediate attention and remedial actions.

Three most daunting issues being faced by the CGHS beneficiaries

1. Shortage of Doctors, Specialists and Para-Medical Staff.
2. Not opening of new CGHS Wellness Centres despite justification.
3. Non Revision of CGHS rates since a decade

Brief about each of the 3 items mentioned above

1. Shortage of Doctors, Specialists and Para-Medical Staff

The Central Government Health Scheme (CGHS) has about 14 lakh primary card holders & 47 lakh beneficiaries. Medical treatment for these CGHS beneficiaries is provided through 448 wellness centres in the country spread over 78 cities

In 2002, the sanctioned strength of posts of CGHS General Duty Medical Officers (GDMO) and Specialists doctors in the country was 1994 which included 1516 posts of GDMO. The existing strength of GDMO & Specialists is 1504. Hence there are now 490 vacant posts of doctors.

On any given day, the number of doctors on duty will be around 1100 only. A few Doctors are posted for administrative work in the offices of the Additional Directors. In a Wellness Centre with a sanctioned strength of 4 doctors, there will usually be only 2 doctors on duty. This causes heavy work load to Doctors on duty as they will have to examine about 70 to 80 patients a day, which, needless to mention, hampers providing quality medical treatment to beneficiaries.

It is the CGHS beneficiaries that suffer the most because of shortage of doctors. Apart from depriving the beneficiaries of quality medical treatment since the doctors are forced

to rush through examination of the patients, they are made to wait for hours for consultation with the doctors and again at the Pharmacy to collect the prescribed medicines. Hence there is an urgent need for augmentation of the strength of Doctors and Specialists and immediate filling up of all the existing vacancies.

Further, shortage of pharmacists, nursing and support staff is acute and it calls for immediate action for ensuring filling up of all vacant posts in all cadres.

2. Opening of new CGHS Wellness Centres

For opening of a new CGHS WC in an existing CGHS city, there has to be a minimum of 2000 Card holders (serving employees of Central Government and Central Civil Pensioners). For extension of CGHS facility to a new city there has to be a minimum of 6000 Card holders.

The existing CGHS wellness centres in major metropolitan cities are catering to more number of beneficiaries than the number of beneficiaries as per the norms. The daily footfall of beneficiaries at the WCs is so huge that it has become unmanageable with the limited number of Doctors available in the WCs which results in a long wait for the beneficiaries for consultation with the doctors. And many beneficiaries get disappointed when they will have to return home without getting a chance to meet the Doctor. Space constraint in the Wellness Centres is yet another travail that the beneficiaries face .

Many cities in our country have every justification for opening of CGHS WCs as per the prescribed norms and the existing CGHS cities; especially the metropolitan cities like Delhi, Kolkata, Mumbai, Chennai, Bengaluru and Hyderabad with concentration of a large number of Central Govt Employees and Pensioners qualify for having more number of CGHS wellness centres. Proposals for opening of new WCs have been submitted with relevant data by the Additional Directors.

It is, therefore, requested that a thorough review of all the proposals for opening of new WCs received by the Health Ministry may please be made and necessary sanction issued at the earliest.

The following proposals submitted by the AD,CGHS, Bangalore for opening of WCs in Karnataka are pending consideration

- a) Opening of a WC at Mangaluru, South Karnataka
- b) Opening of a full-fledged WC at Hubballi
- c) Opening of one WC in each of the 4 directions of Bengaluru City on a priority basis. There is justification for opening at least 7 new WCs in the City as per norms.

3. Non Revision of CGHS rates since a decade

The CGHS rates were last revised in 2014. There are about 1900 items in CGHS rate list. Rates of a few items only have been revised recently. They are: Consultation charges, Room Rent /Ward charges, ICU charges, 36 Radiological tests etc.

Non-revision of rates for nearly a decade has resulted in many empanelled Private Hospitals seeking de-empanelment. Therefore, there is an urgent need to revise the rate of all procedures/ tests /investigations etc., which are commensurate with the increase in the market prices of medicines, medical equipment and treatment procedures over the past several years. Revision of rates will not only encourage more number of private hospitals to seek empanelment but also is likely to motivate some of the private hospitals which had withdrawn from CGHS to come back to its fold. If there were to be any further delay in revision of CGHS rates, there is every probability of some more hospitals seeking removal of their names from the list of empanelled hospitals, which is sure to cause untold miseries to CGHS beneficiaries. They will also be put to great financial hardship.

NCCPA meeting held at Chennai

The 5th All India Conference of National Coordination Committee of Pensioners Associations (NCCPA) was held at Chennai from 13th to 14th of December, 2023. Smt N Nagalakshmi, Vice-President KP&TPA, Sri M B Shivalingaiah & Sri V S Naik EC Members attended the AIC.

In the elections to the Executive Committee for the period from 2024 to 2026, the following from Karnataka were unanimously elected.

Sri K B Krishna Rao, Secretary KP&TPA: Vice-President

Sri S Radhakrishna, Secretary IA&AD Pensioners Assn: Assistant Secretary General

Sri T V Suryaprakash, Secretary Coffee Board Pensioners Association: Ex officio in Executive (Photos in Page 15)

New Chief Postmaster General, Karnataka Circle

Sri S Rajendrakumar, IPoS, has assumed charge as the Chief Postmaster General, Karnataka Circle vice Sri Sri K Prakash, IPOs, transferred. Karnataka P&T Pensioners' Association extends a warm welcome to the new CPMG

Down Memory Lane - Change in name of State

When I think of the name of our Association that begins with the word 'Karnataka', a name to conjure with, I am reminded of the time when the renaming of Mysore State as Karnataka was done. It was on 1st November 1973 the age-old name of Mysore became part of history and the State was renamed. It was a memorable day because the state was renamed after waiting for 17 years after the State's reorganization which took place on the recommendations of the State Reorganisation Committee's Report. The change in name was brought about after much controversy highlighting division of opinions. The successive governments did not open the subject (viz, changing the name of Mysore State as Karnataka State) as they feared they would stir up a host of problems. But there was overwhelming demand for renaming the State as Karnataka. A c c o r d i n g l y , D. Devaraj Urs, the Chief Minister, unveiled a granite commemorative tablet inscribing the new name in a map of the State at a gala function at Kanteerava Stadium, Bangalore to the deafening applause of the gathering. He also presented to the Governor, Mohanlal Sukadia seated by his side, a silver plaque of the map of Karnataka. What is more, the lovely old name was confined to the beautiful heritage city of Mysuru from where the Maharajas ruled for centuries.

- **R. Soundararajan**, Nagapattinam (M) 9566436643

OBITUARY

Sri K Vasudeva Rao, LM 652, Retd. Divisional Engineer, BSNL, O/o G M T , T&D, Jabalpur, expired on 29-08-2023 at the age of 96 years.

Sri R Gangadharaiah, LM 2269, Retd. B C R SA, Bangalore City RMS, expired on 10-12-2023 at the age of 68 years.

Sri K N Murthy Rao, LM 179, Retd. Asst. Superintendent of Post Offices, Bangalore South Dn, a senior member of the association the father of Smt. N Nagalakshmi, Vice-President KP&TPA, expired on 25-12-2023 at the age of 92 years.

The Executive Committee of K P&T PA conveys its heartfelt condolences to the members of the bereaved families.

New Year 2024

The Executive Committee of Karnataka Posts and Telecommunications Pensioners' Association, Bengaluru wishes a happy New Year 2024 to its Members and Subscribers to the Association's Journal & Well-wishers.

President: G Babu, **Vice-President:** N. Nagalakshmi, **Secretary:** K.B. Krishna Rao, **Jt.Secretary:** V. Murugan, **Treasurer:** K.R. Anantha Ramu, **Internal Auditor:** N.M. Hegde, **Executive Committee Members:** S/s C.S. Karanth, C.Ramakrishna Reddy, Rangegowda, B. Nagaraju, M.B. Shivalingaiah, Viswanatha Rao, V.S. Naik, A. Prakash, K. Nagesh, L M Balappa: Manager, Pensioners Bhavan.

RMS & MMS Pensioners "ಮಧುರ ಮಿಲನ್"

Annual get-together of RMS & MMS Pensioners will be held on the 1st Sunday of the New Year 2024: 7-1-2024 at 10.00 am.

Venue: Raghothaman Smaraka Bhavana, RMS Colony, RMV II Stage, Bangalore 560094.

Convenors: K.K. Gangadharan, (M) 9945976401 D.Venkatesalu: 9481812810

Appeal by KP&TPA: RMS & MMS Pensioners, who are not members of Karnataka P&T Pensioners' Association, are requested to enrol themselves as members of the association. Application forms will be made available at the venue of the get-together. RMS & MMS Pensioners, who are members of the association, are requested to renew their subscription for the associations' journal Pensioners' Champion by paying their subscription at the venue.

ALL RMS & MMS Pensioners are invited

Exemplary service to an aged family pensioner by Ms. Swathi, Canara Bank, Borivili West 2 Branch, Mumbai

We are overwhelmed with gratitude by the exemplary service rendered by Ms. Swathi, of Canara Bank, Borvili West 2 branch, Mumbai to a family pensioner to submit her annual life certificate. Smt. Lakshmi Srinivasa Rao, aged 84, spouse of the late Srinivasa Rao, Retd. Director, Telecom Engineering Centre, New Delhi was in need of help to submit her annual life certificate. On request, Ms Swathi of Canara Bank, visited the residence of the family pensioner in the evening at 8.00p.m. to generate digital life certificate. But the family pensioner was not able to furnish all the particulars required to generate a life certificate on line. Ms. Swathi, contacted the Secretary, KP&TPA over the phone and sought to know the details to be fed in to the 'Jeevan Pramaan' digital service. Since there are 2 Pension Disbursing Authorities (PDA) for DOT pensioners in Mumbai, she was asked to contact the Secretary KP&TPA the next day for getting the details of the PDA in respect of the family pensioner.

Service minded Ms. Swathi promptly called the Secretary next day, again at 7.00 P.M., after her bank hours and successfully generated the DLC of the Family pensioner after getting the required details. Her yeomen service to the pensioner is greatly appreciated and kept on record. The support extended by Sri Ramesh Rao, nephew of the Family Pensioner Smt. Laxmi Rao for successful submission of DLC is noteworthy.

Central Govt. Holiday in January 2024

Republic Day

26-01-2024

Friday

Our Readers Write

The monthly magazine of Nov 2023 has come up nicely, with elaborate details of all the efforts taken by several groups associated with the DLC camps in all the far-flung areas in Bg. This apart, hundreds of house visits made to cover the 80+, very old and bedridden pensioners, deserves all the accolades. Also, this time a few more cities are added, meticulously programmed, by the Secretary of KP&TPA, Sri KBK Rao, in consultation with various groups of other centres in the state. The number of DLCs done this time may, perhaps, be nearly double over that of the previous year. All the teams and their leaders have done a yeoman service to the pensioners, particularly the very old & immobile. *KUDOS* to all the innumerable volunteers, the group leaders and Sri T V Surya Prakash, for their selfless efforts, which will take our assn to greater heights.

The editorial coverage, too, has a vivid narration of the DLC related 'Review & Meeting' with the Secretary, DoPPW, by various pensioners' associations in Bengaluru on 4-11-2023. It is nicely interspersed with a galaxy of nice photos. The lead taken by KP&TPA is very much evident & laudable. My sincere thanks to our Secretary for the wonderful job in highlighting the efforts of the DLC camps, in our monthly mouthpiece & for the beautiful editorial coverage.

- M. Ramiah,

Former Vice President & Permanent Advisor KP&TPA

'A picture speaks a thousand words', so goes the saying. The November 2023 issue of '*Pensioners' Champion*' has pictures galore illustrating the help rendered by the voluntary force to the helpless pensioners by generating digital health certificate mandatory for drawal of pension every year. Our KP&TPA's initiative to identify and help elderly pensioners for the purpose is price worthy. The volunteers have done a fantastic work by fanning out in different directions, meeting the elderly and getting their life certificates generated. The number of people covered, as I know, is 3500 which is more than last year's count. I have no words to appreciate the service of the volunteers. Let this healthy trend be continued in the coming years also.

- R. Soundararajan LM 710. Nagapattinam 611 003

Dear Sir, Last year I had requested you to guide one Smt. Valsala, wife of the late Ramankutti, Railway pensioner in getting her family pension revised in terms of seventh CPC. You had sent one calculation chart with all the details regarding revision of pension of her husband and family pension payable to Smt Valsala.. Based on that chart, Smt Valsala corresponded with concerned authorities in Southern Railway. Glad to inform you that SBI yesterday paid her the Life time arrears of revised 7th CPC pension of her late husband. Her family pension has also been revised as per the seventh CPC and she received revised enhanced family pension with arrears. Thank you very much for your guidance Sir.

- Shivdas, LM 1265

Dear Sir, I had the opportunity of attending "Pensioners Day" celebrations on 17-12-2023, at Udayabhanu Kalasangha, Bengaluru. The speech of the Chief Guest, Dr Jayasankaran, was thrilling and the audience were kept 'Spell Bound'. He exhorted the pensioners to keep laughing and smiling. Hats off to the Association and scores of life certificate volunteers who helped thousands of pensioners to submit their digital life certificates. The service rendered by them is "Glorifying".

C N Nagaraja Rao, LM 1680

APPEAL FOR DONATIONS FOR THE BUILDING FUND

We appeal to our **Members who have not yet paid** their contribution to the building fund to remit their donation. 85th list of donations is published in this issue.

Amount may please be remitted by *crossed cheque* payable to "Karnataka P&T Pensioners' Association". Cheques may please be sent to: K.R.AnanthaRam, No 1158, 7th Main, 7th Block, HMT Layout, Vidyaranyapura, Bangalore-560097. (Mob: 9448477129) **or**

Preferably, be credited to the Association's Bank account:

Name: Karnataka P&T Pensioners' Association;

Bank: State Bank of India, Branch: HMT Layout branch, Vidyaranyapura, Bangalore 560097

Current Account No. **64209078453**, **IFSC: SBIN 0040659**

New members are also requested to donate generously to the building fund

INCOME TAX EXEMPTION: 50% of the amount of donation made to K P&T PA, is eligible for deduction in the gross total Income of the assessee under Section 80-G of Income Tax Act **under the old Tax Regime**

Please invariably inform us of the details of credit through a message or phone call on Phone No.9448477129 / 9483467750 to enable us to acknowledge the receipt of the amount and to send you a receipt

List of donations received up to 31-03-2023 has been uploaded to the website of the association 'kptpa.org'. Donors are requested to visit the website and check-up whether their names have been correctly mentioned and the amount donated has been correctly indicated in the list. Discrepancies, if any, may please be informed to the Secretary on Phone - 08023230545 or mobile 9483467750

Donation for the Building Fund - 85th List November-December 2023

SI No.	Name Sri/Smt.	Membership No.	Amount Rs.	Receipt No.	Progressive Total of donation
1671	R.Krishnan	502	14000		1,40,000
1672	Hema.V.Rao	652	5000		10,000
1673	P.Damodar Bhat	3274	5000		
1674	K.Sivadass	1265	2000		6,000
1675	A Rosaline	Well-wisher	2000		
1676	K.S.Menon	2282	460		6,460

Donation to Association

SI No.	Name Sri/Smt.	Membership No.	Amount Rs.	Receipt No.
1	M.N.Gopinath	1085	9359	

RENEWAL OF SUBSCRIPTION FOR "PENSIONERS' CHAMPION"

"We earnestly request Members/Subscribers who have not yet renewed their subscription for the year 2023-24 (July 2023 to June 2024) to renew now. Amount of subscription- Members - Rs.180/- Subscribers- Rs.240/-per year. May be credited to the association's Bank Account No. 36418697411 IFSC: SBIN 0009045- SBI NTI Layout Branch, Vidyaranyapura, Bengaluru 560097. Account Holder: Karnataka P&T Pensioners' Association.

BSNL IDA

IDA From 1-7-2023, 205.60% (3.3% increase over April 2023 rate of 202.30%)

IDA From 1-10-2023, 215.6% (10% increase over July 2023 rate of 205.6%)

Subscription received for Pensioners' Champion During November-December 2023

Rs. 180/- Smt./Sri	Rs. 180/- Smt./Sri	Rs. 200/- / 240/- Smt./Sri	Rs. 500/- Smt./Sri
428 K.N.Narasinga Rao	2866 Suresh.K.Yedve	2627 D.A.S.Murthy 200	S-360 G.T.Kumshikar
897 Revathi Mohan	2983 K.V.Shankar	3001 A.S.Waiker 240	Rs. 540 Smt./Sri
1794 Satyanarayanachar	2984 Vijayalakshamma	S338K S Srinath 240	2282 K.S.Menon
2145 Md.Zackriah	3079 C.Joseph	Rs. 360 Smt./Sri	2584 S.V.Rajagopal
2517 Hanumanthappa	3083 M.S.Prasanna	2572 S.K.Joshi	3131 T.Shivanna
2770 A.N.Venkatesh	3194 Harishchandra Raju	3046 M.S.Ravi	
2792 L.Jagannath	xxx Nagaraja	xxx Shripras	

We Welcome the Following Newly Enrolled Members

Sl.No.	Name (Smt./Sri)	Designation & Office in which last worked	Type & No.
1	M.N.Nagavenamma(FP)	Coffee Board Pensioner	ALM 3390
2	D.R.Narasimhamurthy	Deputy Director, Postal Training Centre, Mysuru	LM 3391
3	S.Nanjundaswamy	Postmaster, Head Post Office, Nanjangud	LM 3392
4	M.Sureshkumar	Asst. Postmaster (Mails), HSGII, Saraswatipuram HPO	LM 3393
5	G.Ramesh	Assistant Postmaster (SB), Nanjangud HPO	LM 3394
6	N.Nagaraju	Sub Postmaster, Gundlupet Bazaar Post Office	LM 3395
7	S.Murali Mohan	ACAO, O/o GM (Fin), Postal A/cs.Office, Bengaluru	LM 3396
8	H.N.Leela Murthy	Public Relations Inspector (P), HPO, Mysuru	LM 3397
9	T.P.Lokesh	LSG Postal Assistant, Head Post Office, Nanjangud	LM 3398
10	H.N.Gayathri	BCR Postal Assistant, Head Post Office, Mysuru	LM 3399
11	Venkatesha Murthy	Assistant Director, Postal Training Centre, Mysuru	LM 3400
12	Vasanthakumar	Mail Overseer, East Postal Sub Division, Mysuru	LM 3401
13	K.G.Keshavamurthy	Assistant Director, Postal Training Centre, Mysuru	LM 3402
14	S.V.Natarajan	Dy. Manager, Speed Post, Head Post Office, Mysuru	LM 3403
15	R.Swamy	Postman, Periyapatna Town Post Office	LM 3404
16	D.K.Bharathi	Section Supervisor, O/o CPMG, General, Bengaluru	LM 3405
17	G.S.Ramesh	Sub Postmaster, Shivarathreeshwara Nagar, Mysuru	LM 3406
18	P.Channakeshavaiah	Sr.TOA (P), O/o General Manager, BSNL, Kolar	LM 3407
19	O.Virupakshappa	Sr. Superintendent of Post Offices, Dharwad Division	LM 3408
20	YG Satyanarayana Rao	L S G Supervisor, Bangalore City RMS	LM 3409
21	P. Usha Manju	Sub Postmaster, Nagarle SO, Nanjangud	LM 3410
22	D S Srikantaiah	LSG P A S S Puram, Mysuru	LM 3411
23	S Lingasetty	Superintendent of Post Offices. Raichur	LM 3412

LM: Life Member

ALM: Associate Life Member

ALL INDIA CONSUMER PRICE INDEX						
Month	CPI Base 2016=100	CPI base 2001=100	12 Months total	Monthly average	7th CPC % increase over 261.42	DR due
Dec 22	132.3	132.3x2.88 = 381	4467	372.25	42.39	42% from Jan, 2023
Oct 23	138.4	138.4 X2.88= 399	4676	389.66	49.05	46% from July, 2023

* Linking factor for conversion of the index numbers of 2016 base year to 2001 base year : 2.88



Sri P. Damodara Bhat, SSRM (Rtd.) recipient of Anubhav Award 2023 felicitated by KP&TPA



Smt. N. Nagalakshmi, Vice President, KP&TPA, speaking at All India Conference of NCCPA held at Chennai. 13/14.12.2023



Smt. Nagalakshmi, S/s. Shivalingaiah, V.S. Naik, EC Members, KP&TPA



News from Affiliates of CCCGPA, Karnataka: Observance of Pensioners Day. Karnataka IA&AD Pensioners Association, Bengaluru observed Pensioners Day on 25-12-2023 at Swami Vivekananda Educational Society Auditorium, Dr. K.P. Putturaya, Former Director, Rajiv Gandhi University of Medical Sciences, an Orator, Writer & Humourist was the Chief Guest.



Pensioners' Day by AIBSNL PWA, Bangalore, Secy., Changapaa addressing



Central Govt. Pensioners Assn, Mysore celebrated its Silver Jubilee and Pensioners Day on 24-12-2023 at Sadvidya Institutions. Guests of honour: S/s. K.B. Krishna Rao, President CCCGPA & S. Radhakrishna, Gen. Secy.



Pensioners' Day by Posts & RMS Pensioners Assn., Kalaburagi (18-12-2023)

Regd. Journal

If undelivered, please return to:

**Karnataka Posts and
Telecommunications
Pensioners' Association (R)
165, 4th Main, 3rd Block, 3rd Stage,
Basaveshwaranagar,
Bengaluru-560 079.**

Edited, Printed and Published by Sri N. Bhaskaran for and on behalf of Karnataka P & T Pensioners' Association, 1397, 23rd Main, Banashankari II Stage, Bangalore-560 070 and Printed at: Omkar Hi-Prints, No. 24, I Cross, I Main, Tata Silk Farm, Basavanagudi, Bangalore-4. Ph.: 9480184985