



Monthly Journal of  
**KARNATAKA POSTS AND TELECOMMUNICATIONS  
PENSIONERS' ASSOCIATION (R)**

(KSR Act 1960, REG. No. 1069/98-99)  
(FORMERLY RMS PENSIONERS' ASSOCIATION)

Registered as "A Wholly Charitable Trust" U/S 12A of I.T. Act 1961

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|--|--|--|--|---|
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**VOLUME XXV**

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**Grant of Increment for pensionery benefits to pensioners retired on 30th June, 31st December - KP&TPA submits a letter to the Chief Postmaster General Karnataka Circle requesting immediate implementation of CAT Bengaluru Orders.**



Smt. N. Nagalakshmi, Vice-President KPTPA and Sri D. Basavaraja, Retd SSPOs & Central Govt. Standing Counsel, member KPTPA, handing over the letter to Sri S. Rajendra Kumar, CPMG on 24-04-2024

(Letter in page 2)

**29th Annual General Body Meeting will be held on  
Saturday the 3rd August, 2024 at 09.30 am. Venue: NGO Hall, Cubbon Park,  
opposite MS Buildings, K.R. Circle, Bengaluru 560001**

**Names of members aged 75 years and above to be honoured in the AGB – pages 14, 15 & 16**

## Reproduction of the letter

No. KPTPA/Pen/2024

dated at Bengaluru

the 23-04-2024

To  
The Chief Postmaster General,  
Karnataka Circle,  
Palace Road,  
Bengaluru 560001

Respected Sir,

### **Notional Increment for Pensionary benefits to those Pensioners who had retired on 30th June/31st December—implementation of the orders of the Central Administrative Tribunal (CAT) Bengaluru by Karnataka Circle on a par with other Postal Circles**

After implementation of the recommendations of the 6<sup>th</sup> Central Pay Commission from 1.1.2006, the date of increment was changed to a system of granting the increment to all from 1st July. The 7th CPC prescribed 2 dates for increment viz. 1st January and 1st July. Pensioners who retired/retire on 30<sup>th</sup> June or 31st December after rendering one year service from the date of drawal of their last/previous increment are denied the increment due to them on 1st July/1st January, which they would have earned but for their retirement on 30<sup>th</sup> June/31<sup>st</sup> December

2. Applications filed by some pensioners before the Central Administrative Tribunal (CAT) praying for grant of increment for pensionary benefits have been allowed. Further, several High Courts have dismissed the writ petitions filed by the several Government departments against the orders of the CATs.

3. Recently, Civil Appeal No.2471 of 2023 filed by the Administrator & HR of Karnataka Power Transmission Corporation Ltd. (KPTCL), in the Hon'ble Supreme Court against the order of the Division Bench of the Hon'ble High Court Karnataka was dismissed by the Supreme Court on 11.4.2023 directing the appellant to

grant one annual increment to the respective employees earned by them on the last day of their service by rendering their services preceding one year from the date of retirement with good behaviour as allowed by the Division Bench of the Karnataka High Court.

Further, the Hon'ble High Court of Karnataka, Dharwad Bench, in its Order on 22.10.2020 in WP No.146967 of 2020 (S-CAT), dismissed the writ petition filed by the Ministry of Railways against the order of CAT, Bengaluru.

4. In yet another order, the Hon'ble Supreme Court on 19.5.2023, while disposing the Special Leave Petition No.4722/2021 (arising out of impugned final judgment and order dated 22.10.2020 in W.P.No.146967/2020 passed by the High Court of Karnataka Circuit Branch at Dharwad) filed by Union of India versus M. Siddaraju, Railway Pensioner, retired on 30.6.2014, referred to the judgment of the Supreme Court in Civil Appeal No.2471 of 2023 and stated as follows:

*“The issue raised in these appeals is squarely covered by a judgment rendered in Civil Appeal No.2471 of 2023 decided on 11.4.2023 titled as Director (Admn, and HR) KPTCL and others Vs. C.P. Mundinamani and others(2023).The issue being the same, the present civil appeals also stand disposed of in terms of the aforesaid judgment. **All the intervention applications are allowed and intervenors shall also be entitled to the same relief.**”*

5. In view of the fact that the SLPs and review petitions filed by the Departments of Government of India against the orders of various CATs and High Courts favouring pensioners stand disposed by the Hon'ble Supreme Court consequent upon its order passed on 11.4.2023 in Civil Appeal No.2471 of 2023 and another

order passed on 19.5.2023 in WP No.146967 of 2020, the issue regarding grant of notional increment for retirement benefits to pensioners who retired on 30th June/31st December after serving for a year after their last/ previous increment, **has attained legal finality.**

6. Consequent upon the issue under reference attaining **Legal Finality**, several Departments of the Government of India and the Indian Railways have advised the concerned Administrative heads to implement the orders of the CATs which were passed in favour of the pensioners of their Departments.

7. To quote the latest, Directorate General, Central Public works Department, New Delhi vide its OM dated 20<sup>th</sup> February 2024 (**Copy enclosed**) has advised concerned CPWD offices in the country to implement the judgements of the CAT in respect of the officials who were parties in the matter.

**8. The Department of Posts has also decided to implement the orders passed by various CATs across the country in as much:-**

(a) The Postal Directorate vide its letter dated 24-11-2023 (**copy enclosed**) has directed the Chief Postmaster General, Maharashtra Circle, Mumbai, to implement the order of the Central Administrative Tribunal (CAT), Mumbai in OA No. 739/2018 vide which the applications of Sri Eknath Maruthi Bhong and 21 others praying for grant of increment which they would have drawn but for their retirement on 30th June, were allowed by the CAT Mumbai. The CAT order reads thus:

*“the present batch of OAs are allowed and respondents are directed to grant the annual increment to the applicants, accrued to them on retirement”*

(b) In pursuance of Postal Directorate's letter dated 6-12-2023 communicated vide CPMG, Tamilnadu Circle letter dated

19-12-2023 and PMG Coimbatore letter dated 22-12-2023, the Superintendent of Post Offices Namakkal Division, vide order dated 29- 12-2023, (**Copy enclosed**) has granted increment to 3 postal pensioners retired on 30-6-2008. This order was issued in implementation of the order passed by the Hon'ble High Court of Madras in WP No176/ 2019 in respect of the 3 Postal Pensioners.

(c) In pursuance of Postal Directorate's letter dated 6-12-2023 communicated vide CPMG ,Tamilnadu Circle letter dt. 19-12-2023 and PMG Coimbatore letter dated 22-12-2023, the Superintendent of Post Offices Erode Division, vide order dated 10-01-2024 (**Copy enclosed**) has granted increment to Sri R Shanmugham, LSG SPM retired on 30-6-2008. This order was also issued in implementation of the order passed by the Hon'ble High Court of Madras on 05-07-2023 in WP No176/2019.

(d) Apart from the above cited 3 cases in which orders have been issued for grant of increment to pensioners retired on 30th June, the Department of Posts vide its latest Order No.2-29/2023-PAP dated 31-01-2024 (**copy enclosed**) has directed the Chief Postmasters General, Odisha Circle, Haryana Circle, Gujarat Circle, UP Circle, Rajasthan Circle, Maharashtra Circle and Punjab Circle to implement the orders of CAT benches and High Courts (listed in the order) by granting one notional increment for the pensionery benefits to the pensioners who were parties in the cases decided by the Tribunals/ High courts.

9. Our Association has been given to understand that CAT, Bengaluru also has allowed the applications filed before it by many pensioners who had retired on 30<sup>th</sup> June praying for grant of increment for pensionery benefits. We furnish below details of a few cases of pensioners who are our members.

Continued next page

| SI No. | Name of the Pensioner<br>Designation & Office from<br>which retired | Date of<br>Retirement | CAT Bengaluru O A<br>Number and date of Order<br>and Writ petition -<br>High Court, Karnataka |
|--------|---|-----------------------|---|
| 1      | R Kanagarajan, SSPOs<br>(Retd)Kolar Dn, Kolar                       | 30-06-2009            | OA No.170/00165/2019<br>dated 17-12-2029<br>WP No. 2455/2021/S-CAT                            |
| 2      | C Ramakrishna Reddy,<br>SPM HSG-I(Retd),<br>Vijayanagar PO Blore    | 30-06-2009            | OA No.170/00059/2029<br>dated 13-11-2019.<br>Writ Petition No.2051/2021<br>(S-CAT)-           |

10. Apart from the above cited 2 cases, it is understood that applications of many other pensioners of Karnataka Circle praying for grant of increment for pensioner benefits have been allowed by the CAT Bengaluru and are pending implementation for several years.

11. We have been informed that the respective Legal Cells at the Regional Offices are dealing with CAT Cases of pensioners of the Region concerned and the details of OAs allowed by CAT Bengaluru are available with those Regional Offices.

**12. Respected Sir, We earnestly request for your personal intervention in the matter to call for details of all such cases in Karnataka Circle and take up the matter with Postal Directorate on priority requesting the Directorate to consider passing necessary order for implementation of the orders of CAT Bengaluru in respect of all the pensioners of the Circle whose applications for grant of increment for pensionery benefits have been allowed by the CAT.**

13. We are sure that the Postal Directorate, with your personal intervention, will consider the matter favourably in respect of the pensioners of Karnataka Circle also as it has already advised the Heads of several other Circles across the country (details furnished in para 8) to implement the orders of the Central Administrative Tribunals in respect of pensioners of those Circles.

14. We strongly urge your kind self to consider withdrawal of the Writ Petitions filed by the Department before the Hon'ble High Court of Karnataka against the orders of the Hon'ble CAT, Bengaluru, in view of the fact that the issue has attained legal finality and the Department has decided to implement the orders of the CATs, which will pave the way for immediate implementation of the orders of CAT Bengaluru.

Thanking you Sir  
yours faithfully

N.Nagalakshmi      K B Krishna Rao  
Vice-President      Secretary

Enclosures: Orders referred to in  
Para 7, Para 8 (a),(b),(c),& (d)

## OBITUARY

**Sri H.R. Gopala Iyengar, ALM 1018, Retd. Senior Accounts Officer, O/o the AG(IA&AD)Karnataka, expired on 23-3-2023 at the age of 83 years**

**Sri K.N. Narasinga Rao, LM 428, Retd. Postmaster, Shankarapuram PO, expired on 14-4-2023 at the age of 93 years**

The EC of KP&TPA conveys its heartfelt condolences to the members of the bereaved families.

**3rd Congress of the World Federation of Trade Unions (WFTU),  
Trade Union International, Pensioners & Retirees, (TUI P&R)  
April 14-18 at Athens, Greece**



**Com K. Ragavendran, SG NCCPA, on the Dais at the TUI(P&R) (3<sup>rd</sup> from left)**



**Com A.K. Ghosh, addressing  
the 3rd Congress of TUI (P&R)**



**Com K. Ragavendra addressing  
the 3rd Congress of TUI (P&R)**



**Com D.K. Debnath General  
Secretary, AIRPPA addressing**

**Highlights:**

\* From India, Com K.Ragavendran, Secretary General, NCCPA & Asia Coordinator of TUI (P&R), Com A K Ghosh, General Secretary, CCCGPA, West Bengal & Member Financial Committee of TUI(P&R) and Com D K Debnath, General Secretary, AIRPPA attended physically. Com K G Jayaraj, General Secretary, AIBDPA & Executive Board Member of TUI(P&R) joined the Congress through Video Conferencing,

\* 200 pensioners from 90 countries, plus 30 pensioners from 20 countries through videoconferencing participated in the Congress.

**All the 4 leaders from India delivered their speeches in the 3rd Congress of WFTU, TUI(P&R)**

**Summary of the Salient features of their speeches:**

\* **Com K.Ragavendran**

Total support to all documents presented by leadership; India organising well all the

pensioners in all States of India every year to the Oct 1st call of TUI; Two requests to WFTU leaders for earmarking one leader in each country as requested already by our GS and to help in our region of Asia too to link up with Pensioners movement; In India from 3 to presently 5 and soon 10. Class conscious Pensioners Assn in TUI; BSNL pensioners are denied updation of their pension since 2016 - Bank and LIC pensioners denied pension updation since the grant of pension to them decades ago despite the GS of TUI for financial services is also the leader of employees union in banks; WFTU please intervene; EPF and NPS pensioners pathetic condition; and our efforts to stand with the working class including getting arrested along with central trade unions in states like Tamilnadu

\* **Com K G Jayaraj**

1. The main problem is lack of initiative in organising the pensioners and retirees in many countries even by WFTU affiliated trade unions in their respective countries. I am fully aware

of the great efforts by our General Secretary Com. Quim Boix through the WFTU leadership in this regard.

2. When we organised the 2nd Asia Regional Conference at Thiruvananthapuram on 1st October, 2023, the main problem we faced was lack of adequate representation from the Asian countries. Only three countries ie India, Nepal and Sri Lanka participated despite earnest efforts made by Comrade Quim Boix, General Secretary, Com. K. Ragavendran, Asia Coordinator and the Organising Committee.

3. There are instances wherein some of our affiliated organisations are toeing the line of the respective self styled "Social Democratic" governments, jeopardizing the basic principles of TUI (P&R).

4. Finance is very important for any organization for its effective functioning. But our leadership is burdened in this regard due to non -receipt of fees / yearly quota from many affiliates

5. Lack of awareness or failure to understand the issues in proper and correct perspective may put the particular organization in difficulty. Therefore ideological updating is very much necessary and our TUI (P&R) leadership has taken adequate care to include it as one of the important tasks in the report.

6. We are all aged and most of us are ailing too. Therefore, burdening the General Secretary with each and everything is not at all desirable. In this connection, effective proposals are made in the report to share the responsibilities and also to replace an office bearer found to be inactive.

7. Women representation is another area that we should have a clear perspective and effective proposals. Unfortunately, much importance is not being given on this important issue by most of the organizations. TUI ( P& R) has to be a role model for empowering the women in all aspects and should guide the affiliated organizations to follow suit.

8. Attacks on pension.

The first attack started against the defined and statutory benefit pension scheme

which ensured 50% of the last salary as pension by replacing it with a contributory pension scheme called National Pension Scheme. It has since been proved to be a No Pension Scheme against which sustained joint struggles are launched unitedly by the organizations of Central government employees, state government employees and that of the Public Sectors and pensioners as well. This has its impact with some of the State Govt. deciding to restore the Old Pension Scheme. The Indian government also was compelled to appoint a Secretary level Committee to examine the possibility of any positive change within the frame work of NPS.

#### **Com. D. K. Debnath**

1. Present pension system in India, how pensioners effected by NPS, struggle by the pensioners Association, and other Trade unions. Position taken by political parties on the demand of restoration of Old pension scheme.

2. Central Govt Health Scheme in India and present situation. Prices of medicines. Recent increase of prices of 800 medicines. And proposed curtailment of CGHS facilities to the CGHS beneficiaries.

3. Proposed and requested to pass a resolution demanding for a Universal non contributory pension system for all elderly people who are not covered by any other pension scheme

The following from India were elected as office bearers TUI (P&R)

**Com K.Ragavendran : Asia Coordinator.**

**Com K.G.Jayaraj : Vice Sec Organization;**

**Com A.K.Ghosh : Nominated to Financial Commission**

**Com D.K.Debnath : Nominated to Technical Commission**

***K P&T PA Extends Hearty Congratuations to all the Four Leaders***

The TUI 3rd Congress of the P&R, held in Athens from 14 to 18 April 2024, concluded with the adoption of Final Declaration.

## CGHS - Newly empanelled Private HCOs w.e.f 12.2.2024

**1) Neuberg Diagnostics (Pvt) Ltd,**  
Anand Tower, No.54, Bowring Hospital  
Road, Shivajinagar Bengaluru 560001  
(Anand Diagnostics)

Nodal Officers :

- (1) Mrs Aishwarya Vasudevan : 7624980743
- (2) Ms Uma : 7829166111
- (3) Mohamed Fahad : 9886111152

**2) Narayana Nethralaya - Unit 3,**  
No.1/1, 1<sup>st</sup> Main Road, Defence Colony,  
100 Feet Road, Binnamangala Layout,  
Indira Nagar, Bengaluru 560038

Nodal Officers :

- (1) Ms. Shylaja : 9731198382
- (2) Ms. Sharmila : 7618734488

Reference: Additional Director,  
CGHS, Bengaluru  
Office Order No.19-3/2022/ADMN(129)/378  
dated 14-02-2024

The above 2 HCOs are empanelled for a  
period of 2 years from 14-02-2024 Or till the date  
as extended by the Directorate\_ whichever is later.

## CGHS : Linking CGHS Card with ABHA

Gol, Ministry of Health and Family Welfare OM No. F.No. Z15025/23/2023/DIR/CGHS  
(Comp No.8236195), I/3663776/2024, Dated 28-03-2024

### Mandatory Linking of CGHS Beneficiary ID with Ayushman Bharat Health Account ID.

This is in reference to the department's O.M. No. 44/67/MCTC/CGHS dated January 2023 (I/3565787/2023) on the subject of Linking of CGHS Beneficiary ID with the ABHA (Ayushman Bharat Health Account) ID. It has now been decided that linking of CGHS beneficiary ID with ABHA ID shall be mandatory w.e.f 1st April 2024. The linking of CGHS Beneficiary

ID with ABHA ID shall be completed within 30 days by all existing CGHS Beneficiaries.

This issue is with approval of AS & DG CGHS.

(Dr. Manoj Jain)  
Director, CGHS

### Linking of CGHS Beneficiary ID with ABHA ID Extension of timeline for creation and linking of ABHID

Gol, Ministry of Health and Family Welfare OM No. F. No. Z15025/23/2023/DIR/CGHS  
(Comp No.8236195), I/3667671/2024, dated 15-04-2024

In continuation of the OM No. Z-15025/23/2023/DIBJCGHS, dated 28.03.2024, it is hereby brought to the notice of CGHS beneficiaries, that:

A) Creation of ABHA ID (ABHA number) has been extended for a time period of 90 days, w.e.f. 30.06.2024 (3 months from 30.06.2024).

B) Linking of ABHA number with CGHS card has been extended for a time period of 120 days, w.e.f. 30.06.2024 (4 months from 30.06.2024)

C) In order to assist the CGHS beneficiaries, KIOSKS shall be made operational at all the wellness centres by 30.06.2024.

D) The beneficiaries may visit their nearest CGHS wellness centre on need basis for availing assistance in respect of:

1. updating their mobile number
2. correction of error(s) – in name, year of birth, or gender
3. Linking of CGHS beneficiary ID to ABHA number, from 01.07.2024 onwards.

This issues with the approval of the competent authority.

Signed by  
Dr. Y H Satheesh  
Director, CGHS

## **Linking of CGHS Beneficiary ID with the ABHA (Ayushman Bharat Health Account) ID.**

With reference to the above mentioned subject and in alignment with its vision of being the first choice in providing quality healthcare services and ensuring holistic well-being across clients' entire life span, Central Government Health Scheme has found it imperative to adopt new technology and innovations in the delivery of quality healthcare.

In this regard, CGHS has already completed the process of on boarding on the 'Ayushman Bharat Digital Mission' (ABDM) Platform.

Ayushman Bharat Digital Mission has ushered India into a new era of technology enabled healthcare delivery. Ayushman Bharat Health Account number or popularly known as ABHA number, a component of Ayushman Bharat Digital Mission, is a randomly generated 14 digit number that will enable access to health records from registration to treatment and discharge in a paperless manner with multiple ABDM registered healthcare providers. Also, most importantly it is private and secure.

Ayushman Bharat Health Account (ABHA) Number for a patient/beneficiary is a hassle-free method of accessing and sharing his/her health records digitally. It enables the patient/beneficiary to interact with participating healthcare providers (including CGHS wellness centres), and allows him/her to receive digital lab reports, prescriptions and diagnosis seamlessly from verified healthcare professionals and health service providers

The other benefits of Ayushman Bharat Health Account (ABHA) Number for a patient/beneficiary include:

**a.** All medical reports are linked to ABHA and stored with the healthcare information provider (HIP)

**b.** The health records are being shared through a Health information exchange consent management system that ensures data is **not shared among healthcare information providers and users without the approval of the person to whom data is related.**

**c.** Safe and secure mechanism to share health records. The individual can decide the reports/ records to be shared and the time period for which such record is to be shared.

**d.** ABHA number helps in establishing a unique identity across different healthcare providers within the healthcare ecosystem.

**e.** It helps in linking all healthcare benefits ranging from public health programmes to insurance schemes to your unique ABHA number.

**f.** ABHA number also helps in avoiding long queues for registration in healthcare facilities across the country.

**g.** Seamless sign up for PHR (Personal Health Records) applications such as ABDM-ABHA mobile application for Health data sharing.

### **How does an ABHA number work?**

ABHA number is a 14 digit number that uniquely identifies a participant in India's digital healthcare ecosystem. ABHA number will establish a strong and trustable identity for the participant that shall be accepted by healthcare providers across the country.

### **ABHA (Ayushman Bharat Health Account) Address:**

\* ABHA Address is a unique identifier (self declared username) that enables a user to share and access your health records digitally. The ABHA address may look like 'yourname@consent manager'. For instance,



xyz@abdm is a ABHA address with ABDM Consent Manager that shall facilitate health data exchange **with appropriate consent** on the ABDM network.

\* ABHA address is a unique address or username being created by an individual and can be linked with the ABHA number. It is being created for easy remembrance and usage and is similar to any email ID.

\* ABHA address should not be confused with a residential address as it is only an electronic username being used in the application and at the facilities in place of the ABHA number.

\* A beneficiary can use his/her ABHA number to seamlessly sign up for a ABHA address, and ensure that the health records created, are shared only with him/her. To enable health data sharing, it is advised that a beneficiary creates ABDM-ABHA address and link it with your ABHA number.

\* ABHA address can be generated through ABHA mobile application.

CGHS has already onboarded on the ABDM platform with majority of its Wellness Centres registered as 'Healthcare facilities' on ABDM platform. In the near future, a beneficiary having his/her Beneficiary ID linked with Aadhar based ABHA number can avail all the aforementioned facilities through the CGHS wellness centres as well.

**Moreover, a beneficiary can participate at his/her own free will and choose to create his/her ABHA number voluntarily. Also, at any time, he/she can request for permanent deletion or temporary deactivation of the ABHA number.**

#### **Steps to Register for ABHA number and link with CGHS Beneficiary ID**

To register for an ABHA number and link the same with the CGHS beneficiary ID, he/she needs to follow the below mentioned steps.

**If a beneficiary has already created his/her ABHA number, then it is advised to directly jump to point 13 below.**

1. User should open browser, Enter URL: [https:// cghs.nic.in](https://cghs.nic.in) .

2. Hover mouse on menu 'Beneficiaries'

3. Click on 'Beneficiary Login'

4. Enter Beneficiary ID, Enter Password, Enter Captcha. In case password is not known, User can reset password by clicking on Generate/Reset Password.

5. Enter OTP sent on registered Mobile Number.

6. To link and create ABHA ID, hover mouse on Update Menu

7. Click on Create / Link ABHAID

8. To create ABHA ID for family members, each family member would have to mapped, after main card holder logs in through "Beneficiary login".

9. Click on "I don't have ABHA Number"

10. Enter Aadhaar Number, read and give the consent

11. Enter OTP sent on Mobile Number registered with Aadhaar Number and click on Verify OTP.

12. User can see Link Status. If Details get matched, then user can print ABHA Card by clicking on Print ABHA Card.

#### **WHEN USER ALREADY HAS ABHA NUMBER.**

13. Enter ABHA Number in **LINK USING ABHA NUMBER** in **Consent Collection**. User need to read the consent form and give their consent

Click on Get OTP

14. Enter OTP sent on Mobile Number linked with AADHAAR Number.

Click on Verify OTP

15. User can see Link Status. If Details get matched, then user can print ABHA Card by clicking on Print ABHA Card.

### Facilities available through ABHA mobile application

In addition, a user can also download ABHA mobile application. The ABHA mobile application shall offer the following benefits to the beneficiary.

1. Creation of ABHA number under self-registration mode.

2. Creation of ABHA address and linking it with ABHA number.

3. Health records can be linked and fetched from HIPs.

4. Health records available in physical form can be uploaded and stored in ABHA app through different electronic lockers.

5. Search for facilities/doctors based on location or specialty.

Dr Nikilesh Chandra,  
Director

## Sri K.K. Gangadharan, Member of KP&TPA gets Sahitya Academy Award

The Association is extremely glad that Sri K.K. Gangadharan, (affectionately called KKG) member of KP&TPA, has been selected for the prestigious Sahitya Academy Prize for translation by the National Academy of letters, an Autonomous Organization of Government of India, Ministry of Culture, New Delhi in the Board meeting of the Sahitya Academy held at New Delhi on 11.3.2024

The prize carries a cash award of Rs.50,000 and a copper plaque to be presented to Sri KKG later this year.

The book titled "ಮಲಯಾಳಂ ಕಥೆಗಳು" "Malayalam Kathegalu", a translation of selected Malayalam Short Stories of Various Malayalam writers to Kannada by Sri KKG was selected for the prize by a jury of 3 members headed by Dr M S Ashadevi.



We are proud of Sri KKG. Hearty congratulations to him.

Congratulations to our friend and member of our association K.K. Gangadharan on receiving Sahitya Akademi award for translation. The work selected is *Malayalam Kathegalu*, that is, short stories of Malayalam (into Kannada). A translator's job is not easy. He must be proficient in both the original and target languages. K.K.G. richly deserves the recognition which is long overdue.

May his literary output increase in days to come!

R Soundararajan  
Nagapattinam 95664 36643

## Pensioners meet at Kolar on 29.03.2024



**Smt. N Nagalakshmi, Vice-President. KP&TPA addressing the Pensioners**



**Audience**

On the initiative taken by Sri C Ramakrishna Reddy EC Member and Sri K Anand, Member KP&TPA a meet of pensioners was arranged on 29-03-2024 at Srikrishna Temple (Byregowda Extension) Kolar. Sri.Suresh and Sri.Sridhar, Postal pensioners, residents of Kolar had organised the meet. About 40 Postal pensioners were present on the occasion. Smt. N Nagalakshmi, Vice-President KP&TPA, Sri K R Anantha Ramu, Treasurer and Sri.B.Nagaraju, EC Member participated in the meet.

The meeting commenced at 11.30 hours after lighting of the traditional lamp by the invitees on the dais. Smt.Nagalakshmi addressing the gathering, spoke elaborately on the pensioners' problems, their rights and duties. She spoke about the Association's activities and on CGHS issues also.

Sri Anantha Ramu spoke about the activities of the Association, its membership, its nomination to SCOVA for the 3<sup>rd</sup> term by the Govt of India, Department of Pension, Pensioners grievances taken up by the Association and about its journal *Pensioners*

*Champion,*

Sri.B.Nagaraju spoke about the Digital Life Certificate camps organised by the Association, selfless service of the team of volunteers in helping thousands of pensioners to submit their life certificates from the confines of their homes. Nagaraju said that during 2023-24 about 3500 life certificates were generated.

Sri.Ramakrishna Reddy spoke about the activities of the Association, citing his own personal issue regarding Notional increment which is being pursued by the Association. He requested the Pensioners to join KP&TPA and further strengthen the Association .He thanked the group of pensioners at Kolar who took interest in arranging the meeting.

Sri.R.D.Dixit, a Kolar resident and a senior member of the Association also requested the pensioners to become members of the Association. The meeting concluded at 14.00 hours. Lunch was also arranged by the team of Kolar Postal Pensioners. 18 Pensioners submitted the applications for admission as members of KP&TPA.

**Digital Life Certificates (DLC) generated by the volunteers of  
Karnataka P&T Pensioners' Association in coordination with  
Coffee Board Pensioners' Association as on 31-03-2024**

|   |         |
|---|---------|
| Number of DLC Camps in Bengaluru  | 27      |
| DLC Camps at Mysuru, Tumakuru, Hassan,<br>Shivamogga, Chikkamagaluru & Tirupathy (One in each city) | 6<br>25 |
| Total Camps organised   | 33      |
| Total Number of Volunteers  | 25      |
| DLCs generated during House Visits  | 1221    |
| DLCs generated in DLC Camps   | 2246    |
| Total DLCs as at 31-3-2024  | 3467    |

**The Volunteers:** (1) TV Suryaprakash (2) K.R. Anantha Ramu (3) V. Murugan (4) B. Nagaraju (5) D. Venkatesalu (6) N.M. Hegde (7) V. Gopal (8) Vishwanatha Rao (9) K. Nagesh (10) R.S.N. Murthy (11) S. Kasirajan (12) A. Prakash (13) N.R. Anantha (14) S.N. Hiremani (15) K. Anand (16) H.S Ramesh Babu (17) B.A. Suryaprakash (18) M.B. Shivalingaiah (19) K.B. Krishna Rao (20) S. Radhakrishna (21) H.R. Shamasundara (22) S. Rajasekhara, Mysuru (23) H.S. Rajendra, Chikkamagaluru (24) Chandrasekhara, Shivamogga (25) N. Prakash, Mysuru

| <b>Donation for the Building Fund - 89th List March-April 2024</b> |                     |                |            |             |                               |
|--|---------------------|----------------|------------|-------------|-------------------------------|
| SI No.   | Name Sri / Smt.     | Membership No. | Amount Rs. | Receipt No. | Progressive Total of donation |
| 1687   | Shantha Venugopalan | 796            | 2000       | 6122        | 18000                         |
| 1688   | Kulkarni Trimurthi  | 3183           | 1500       | 6126        |                               |
| 1689   | R.S.Prasad          | 3109           | 1100       | 6127        |                               |

List of donations received up to 31-03-2024 has been uploaded to the website of the association 'kptpa.org'. Donors are requested to visit the website and check-up whether their names have been correctly mentioned and the amount donated has been correctly indicated in the list. Discrepancies, if any, may please be informed to the Secretary on Ph: 08023230545/(M) 9483467750

| <b>ALL INDIA CONSUMER PRICE INDEX</b> |                   |                   |                 |                 |                        |                       |
|---------------------------------------|-------------------|-------------------|-----------------|-----------------|------------------------|-----------------------|
| Month                                 | CPI Base 2016=100 | CPI base 2001=100 | 12 Months total | Monthly average | 7th CPC                | DR due                |
|                                       |                   |                   |                 |                 | % increase over 261.42 |                       |
| June 2023                             | 136.4             | 136.4X2.88= 393   | 4587            | 382.25          | 46.22                  | 46% from July, 2023   |
| Jan. 2024                             | 138.9             | 138.9 X2.88= 400  | 4732            | 394.33          | 50.84                  | 50% from January 2024 |

\* Linking factor for conversion of the index numbers of 2016 base year to 2001 base year: 2.88.

|   |
|---|
| <b>BSNL IDA</b>   |
| IDA from 1.10.2023-215.6% (10% increase over July 2023 rate of 205.6%)      |
| IDA from 1.1.2024- 215.4% (0.20% decrease over October 2023 rate of 215.6%) |

**Note:** ALL INDIA CONSUMER PRICE INDEX points for February 2024 have not yet been published by the Department of labour & Employment. Therefore CDA /DR due from Feb 2024 and the IDA due from 1-4-2024 could not be computed and published in this journal.

### Subscription received for Pensioners' Champion During March-April 2024

| Rs. 180/- Smt./Sri      | Rs. 200/- to 240/- Smt./Sri | Rs. 360/- Smt./Sri      | Rs. 540/- Smt./Sri      |
|-------------------------|-----------------------------|-------------------------|-------------------------|
| 1894 N.Subbaiah         | 832 M.G.N.Moorthy 200       | 1591 K.Subramanyam      | 2278 B.S. Rama Murthy   |
| 2217 H.Raghurama Ganiga | 2797 N.L.Shakunthala 200    | 2289 Rangegowda         | 3012 M.Kantharaju       |
| 2963 V.S.Ramamurthy     | S-140 R.K.Shankar 240       | 3185 V.Saraswathi       | 3109 R.S.Prasad         |
| 3277 T.Hanumanthappa    | S-365 M.Paramasivan 240     | <b>Rs.400/- Smt/Sri</b> | S-252 V.Radhanath       |
| XXX Ranganat            | <b>Rs.360/- Smt/Sri</b>     | 1654 S.Ramanjulu        | <b>Rs.720/- Smt/Sri</b> |
|                         | 1085 M.N.Gopinath           | <b>Rs.540/- Smt/Sri</b> | 2705 Bhagavan           |
|                         | 1210 Venugopal.A.R          | 796 Shantha Venugopalan | <b>Rs.900/- Smt/Sri</b> |
|                         |                             | 1459 L.V.Nagarajan      | 1621 B.A.Shetty         |

### We Welcome the Following Newly Enrolled Members

| Sl.No. | Name (Smt./Sri)       | Designation & Office in which last worked                            | Type & No. |
|--------|-----------------------|--|------------|
| 1      | Y.Anantham            | General Manager, BSNL Visakhapatnam T D                              | LM 3464    |
| 2      | T.M.Ramesh            | Sub Postmaster(LSG), Bangarpet Bazaar                                | LM 3465    |
| 3      | S.Subbalakshmi        | Sub Postmaster, Tayalur, Kolar                                       | LM 3466    |
| 4      | G.N.Shobha            | Postal Assistant, Kolar Head Post Office, Kolar                      | LM 3467    |
| 5      | G.Dhanasheelan        | Assistant Sub Postmaster, Robertsonpet                               | LM 3468    |
| 6      | M.Gayathri Devi       | Sub Postmaster Kolar Extension Post Office, Kolar                    | LM 3469    |
| 7      | Parvathamma           | BCR Postal Assistant, Kolar Head Post Office                         | LM 3470    |
| 8      | Narayanappa           | Postmaster, Grade I, Robertsonpet Post Office, KGF                   | LM 3471    |
| 9      | H.R.Suresh            | Sub Postmaster, HSG I, Robertsonpet Post Office                      | LM 3472    |
| 10     | Shahanaz Unnisa       | Postal Assistant, Kolar Head Post Office, Kolar                      | LM 3473    |
| 11     | A.R.Sridhara          | Assistant Postmaster, Kolar Head Post Office                         | LM 3474    |
| 12     | G.Anbarasan           | Postal Assistant, Kolar Head Post Office, Kolar                      | LM 3475    |
| 13     | H.K.Shantha           | LSG Postal Assistant, Kolar Head Post Office                         | LM 3476    |
| 14     | Mahadeva Rao          | Driver, Grade I, O/o. SSPOs, Kolar Division. Kolar                   | LM 3477    |
| 15     | A.S.Gururaja          | Assistant Chief Postmaster, Bengaluru GPO                            | LM 3478    |
| 16     | K.Subramani           | Postman, Kolar Head Post Office                                      | LM 3479    |
| 17     | Fareeda Banu          | Postal Assistant, Kolar Head Post Office, Kolar                      | LM 3480    |
| 18     | V.N.Bhaskar           | Assistant Postmaster, Kolar Head Post Office                         | LM 3481    |
| 19     | V.Manoharan           | Sub Postmaster, Marikuppam Post Office, Kolar                        | LM 3482    |
| 20     | M.L.Vijaya            | Office Assistant, Centre for Excellence in Postal Technology, Mysuru | LM 3483    |
| 21     | M.H.Abdul Khader      | Assistant Postmaster (SB), Kolar Head Post Office, Kolar             | LM 3484    |
| 22     | A.Sreenivasa          | LSG Supervisor, Bengaluru City RMS, Bengaluru                        | LM 3485    |
| 23     | K.N.Rajalakshamma(FP) | Family Pensioner   | LM 3486    |
| 24     | P.Yamuna Murthy       | Sub Postmaster, BEML Nagar Post Office, MDG                          | LM 3487    |
| 25     | V.Janakiraman         | Postal Assistant, Kamasamudram Post Office, Kolar                    | LM 3488    |
| 26     | U.Rudrappa            | MTS, RMS 'Q'Division, Davanagere                                     | LM 3489    |
| 27     | A.Samaraj             | Sub Postmaster, Oorgam Post Office, Kolar                            | LM 3490    |
| 28     | R.Parivallal          | Postman, Oorgam Post Office, Kolar                                   | LM 3491    |
| 29     | S.Selvanarayana       | Postal Assistant, Kolar Head Post Office, Kolar                      | LM 3492    |
| 30     | K.M.Lingaiah          | HSG I, Bengaluru General Post Office, Bengaluru                      | LM 3493    |

LM: Life Member

ALM: Associate Life Member

**MEMBERS TO BE FELICITATED IN THE ANNUAL GENERAL BODY MEETING  
SCHEDULED TO BE HELD ON 03-08-2024**

The list hereunder, includes the names of members who are 75 years and above as on 31-3-2024, but does not include the names of those members who have already been felicitated by the association and of those who did not participate in the felicitation function after inclusion of their names in the lists of members to be felicitated, published in the previous years. The list below, includes names of members who were born between 1-4-1948 & 31-3-1949. It also includes the names of members aged 75 and above who were admitted to the membership of the association during the year 2023-2024 (1-4-2023 to 31-3-2024)

| <b>Sl No</b> | <b>Membership LM / ALM</b> | <b>Name Smt./Sri</b> | <b>DoB</b> | <b>Designation &amp; Office from which retired</b> |
|--------------|----------------------------|----------------------|------------|--|
| 1            | 1282                       | Sivasankaran S       | 04-07-1948 | S P M Ammapet, Salem                               |
| 2            | 1452                       | Raghavendra Rao M.N  | 16-10-1948 | S P M GEF P O Bg                                   |
| 3            | 1464                       | Vasantha mani        | 18-05-1948 | Sr.Accountant, Postal Accts                        |
| 4            | 1467                       | Srinivasa N G        | 02-11-1948 | Dy, D G , Doordarshan Bg                           |
| 5            | 1471                       | Sreeekanta K R       | 02-09-1948 | Manager, P S D, BG                                 |
| 6            | 1500                       | Gopalakrishna N      | 28.08.2948 | HSG-I, BG City RMS                                 |
| 7            | 1503                       | Shankara Ramaiah R   | 02.05.1948 | LSG Supr, BG TD Stg                                |
| 8            | 1511                       | Sulochana KA         | 16-05-1948 | S P M, Shimoga Dist Office P O                     |
| 9            | 1518                       | Krishna Prasad B A   | 29-08-1948 | BCR PA,O/o the PMG Bg                              |
| 10           | 1533                       | Sivasubramanyam V    | 02.03.1948 | M M SRO Q Dn Mysuru                                |
| 11           | 1547                       | Nageshan N.V         | 13-08-1948 | Sr Scientific Officer,DGAQA BG                     |
| 12           | 1557                       | Pottaraj S.S         | 08-07-1948 | SPOs, Gokak Dn                                     |
| 13           | 1566                       | Choudhary B B        | 08-10-1948 | TTA, RSU, Gulbarga                                 |
| 14           | 1570                       | Yashodamma           | 10-05-1948 | PM (HSG I), Mandya HPO                             |
| 15           | 1571                       | Madhava Rao R        | 05-12-1948 | SPM,Vidyaranyaपुरa                                 |
| 16           | 1574                       | Shiva Shankara C     | 24-10-1948 | HSG-I Supr, Mangalore HPO                          |
| 17           | 1578                       | Gajanan Rao N Sortur | 26-08-1948 | HRO RMS HB Dvn Hubballi                            |
| 18           | 1582                       | Y Seshadri           | 01-12-1948 | SWC(E), O/o CE Ele Karnataka Telecom Bg            |
| 19           | 1585                       | Muthaiah P           | 21-05-1948 | Senior SDE,GMT BSNL, Mandya                        |
| 20           | 1594                       | Umamaheshwara        | 22-01-1949 | Sr. Accountant,Director of Accts, Postal           |
| 21           | 1595                       | Nalini prasad        | 31-07-1948 | A E, BSNL,BG TD                                    |
| 22           | 1598                       | Sadashivaiah         | 20-08-1948 | Tec.Asst,O/o Director, Central Cattle Farm         |
| 23           | 1600                       | Sreedharamurthy S V  | 24-11-1948 | HSA HSG I, BG City RMS                             |
| 24           | 1604                       | Subba Rao            | 14-02-1949 | S P M, Kempnanahalli Tumkur Postal Dn              |
| 25           | 1613                       | Meera Datta          | 16-11-1948 | Member (O) Posta Services Board                    |
| 26           | 1629                       | Kumar G.S            | 18-11-1948 | Chief T S, CTSD Ex. BG TD                          |
| 27           | 1643                       | Chandrasekhar M      | 14-04-1948 | DGM(F), CGMT, KTK BG                               |
| 28           | 1647                       | Rathamma             | 10-02-1949 | STS, BSNL Tumakuru                                 |
| 29           | 1660                       | Dharmaratnam K N     | 06-03-1949 | Sr Acct, P&A, M O Power BG                         |
| 30           | 1661                       | Radhakrishna S       | 16-07-1948 | Sr.Audit Officer, PAG, KTK, BG                     |
| 31           | 1714                       | Radhakrishnan K      | 06-08-1948 | Addl Director Scintist GTRE, DRDO,BG               |
| 32           | 1717                       | K K Gangadhara       | 10-03-1949 | LSG Stg Asst, BG City RMS                          |
| 33           | 1756                       | Sukumaran J          | 11-10-1948 | Tech.Asst.'C',GTRE, DRDO, BG                       |
| 34           | 1765                       | Muninarayana K V     | 15-01-1949 | Postman, Bangarpet S O                             |
| 35           | 1768                       | Doddappa K           | 07-05-1948 | BCR MM, RMS Q Dn. Birur                            |

| SI No | Membership LM / ALM | Name Smt./Sri             | DoB        | Designation & Office from which retired  |
|-------|---------------------|---------------------------|------------|--|
| 36    | 1773                | Mohan R                   | 01-02-1949 | Postmaster, D R College P O              |
| 37    | 1791                | Gururaj                   | 07-02-1949 | Mail Overseer, Challakere PO             |
| 38    | 1826                | Periaswamy L              | 01-07-1948 | SSS, EE (E) Telecom Ele Dvn              |
| 39    | 1829                | Sreeram Murthy K          | 07-04-1948 | DGM(FA), GM Central BGTD                 |
| 40    | 1860                | Subbaramaiah P            | 01-07-1948 | General Manager, Trans. Pjct BG          |
| 41    | 1990                | Ramanna B                 | 27-02-1949 | Postmaster, Tumkur H P O                 |
| 42    | 1993                | Nagappa A                 | 06-01-1949 | HSG I Postmaster, Gadag H O              |
| 43    | 2001                | Ravindra K G              | 22-09-1948 | D E Telecom, Mangalore T D               |
| 44    | 2003                | Yewoorkar S N             | 15-10-1948 | HRO(HSG I), RMS HB DN Hubballi           |
| 45    | 2007                | Prabhakara N              | 13-08-1948 | APM, Dooravaninagar PO BG                |
| 46    | 2034                | Veerabhadra Rao K         | 15-01-1949 | ADCA/ IFA, HQ TC IAF, BG                 |
| 47    | 2065                | Sridharamurthy K V        | 24-01-1949 | HMM, SRO Q Dvn RMS Birur                 |
| 48    | 2069                | Venkateswara Rao C        | 10-08-1948 | Ministry of Home Affairs                 |
| 49    | 2077                | Venkataraman G            | 15-09-1948 | Dy Dir. Genral, Ministry of Tourism      |
| 50    | 2080                | Narasimhan V.V            | 23-04-1948 | Chief Bkg Clerk, S Railway, Gondia, M P  |
| 51    | 2091                | Sudha Bhat                | 14-06-1948 | SSS, BSNL, BG TD                         |
| 52    | 2119                | Ramachandra S.K           | 29-06-1948 | PA(TBOP), Wilson Gardens P O             |
| 53    | 2123                | Rama Murthy V.S           | 27-12-1948 | Controllar of Tele Stores, BSNL Chennai  |
| 54    | 2153                | Shivashankar R            | 06-04-1948 | Stg Postman, Srirampura P O BG           |
| 55    | 2197                | Kumaraswamy A             | 26-06-1948 | HAS Gr-I, MMS BG                         |
| 56    | 2236                | Permal S                  | 02-04-1948 | HSG II, SA Bcity RMS                     |
| 57    | 2337                | Subbaramaiah.H.N          | 12-02-1948 | APM, Madakeri H P O                      |
| 58    | 2346                | Ushadevi.S                | 06-05-1948 | S P M Kallakurchi, Karaikudi T N         |
| 59    | 2366                | Sekhar. K                 | 21-04-1948 | H M M, Bangalore City RMS                |
| 60    | 2445                | Shankaraiah. B.V          | 16-07-1948 | Dy Director, Forman Trg Institute        |
| 61    | 2485                | lakshmi S                 | 22-08-1948 | JS, Census Department BG                 |
| 62    | 2508                | Sosamma.K.I               | 22-05-1948 | HSG-II Supr, O/o CPMG, KTK,BG            |
| 63    | 2551                | Pushkaran.P.I             | 30-05-1948 | Technical Officer, GTRE, BG              |
| 64    | 2569                | Vasundara Devi            | 02-03-1949 | Dr.of Census Operations, Karnataka       |
| 65    | 2596                | Sardar                    | 03-06-1948 | TBOP SA, Bangarpet                       |
| 66    | 2670                | Krishnamurthy. M.S        | 18-09-1948 | Jr.Supvr. Census Office, BG              |
| 67    | 2681                | Chandrashekar. R          | 15-10-1948 | APM, Malleswaram MDG, BG                 |
| 68    | 2690                | Anantha. J.K              | 20-10-1948 | Head Mailman, Bg City RMS                |
| 69    | 2751                | Krishna Naik. K           | 29-06-1948 | SSPOs, Bangalore West Division           |
| 70    | 2934                | Edwin. W.L                | 26-02-1949 | ACPM, BG GPO                             |
| 71    | 3020                | Rajaram Mohan. V          | 14-02-1949 | Director(SG), Geological Survey of India |
| 72    | 3242                | Viswanatha Naik           | 11-01-1949 | Driver MACP III, Shivamogga Division     |
| 73    | 3264                | Vinod Babu.T.V            | 16-06-1948 | SPM, Hosanagara PO                       |
| 74    | 3292                | Thippeswamy.A.S           | 16-11-1948 | Supervisor, SBCO Shivamogga HPO          |
| 75    | 3329                | Padmanabha Rao K S        | 14-06-1939 | P A Wilsongarden P O                     |
| 76    | 3389                | Padmaja Radhakrishnan(FP) | 06-01-1949 | Family Pensioner                         |
| 77    | 3430                | Anbazhagan.A              | 05-01-1949 | Sorting Asstt., Bg City RMS              |

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**Pensioners admitted to the membership during 2023-2024**

| Sl No | Membership LM / ALM | Name Smt./Sri             | DoB        | Designation & Office from which retired |
|-------|---------------------|---------------------------|------------|---|
| 78    | 3281                | Krishna Murthy V          | 06-03-1948 | S P M Mandi Bazaar, Chikkaballapur      |
| 79    | 3288                | Krishnaiah Shetty S       | 08-02-1943 | SPM, Sidlaghatta S O                    |
| 80    | 3292                | Thippeswamy A S           | 16-11-1948 | Supervisor, SBCO, Shivamogga HPO        |
| 81    | 3312                | Ewardass Prasad           | 29-06-1945 | H M M Bangalore City RMS                |
| 82    | 3327                | Goda Narakesari           | 18-04-1941 | Family Pensioner                        |
| 83    | 3340                | Narasimhan R              | 12-11-1944 | H M M Bangalore City RMS                |
| 84    | 3346                | Nadiger G N               | 06-05-1937 | Divisional Engineer, Coaxial, Hubballi  |
| 85    | 3351                | Jayanthi Sridharan        | 08-05-1946 | Family Pensioner                        |
| 86    | 3360                | Mukunda J                 | 11-10-1939 | AGM, DoT,BG West                        |
| 87    | 3357                | Visweshwaraiah S          | 23-04-1933 | SPM HSG-2, Jayanagar 3dr Block PO BG    |
| 88    | 3367                | Ramachandra Rao M G       | 16-06-1947 | SSO, CTO, Mysuru                        |
| 89    | 3383                | Mohan Rao K               | 28-09-1941 | Supervisor, BSNL, White Field, BGTD     |
| 90    | 3384                | Ramachandra K N           | 11-11-1934 | Sr Telegraph Master, CTO, BG            |
| 91    | 3387                | Jayalakshmi M J           | 09-12-1939 | Statistical Assistant, NTI, BG          |
| 92    | 3389                | Padmaja Radhakrishnan(FP) | 06-01-1949 | Family Pensioner                        |
| 93    | 3392                | Nanjunda Swamy S          | 04-08-1943 | Postmaster, Nanjangudu H P O            |
| 94    | 3395                | Nagaraju N                | 26-07-1943 | SPM, Gudlupet Bazaar                    |
| 95    | 3399                | Gayathri H N              | 05-06-1942 | BCR P A, Mysuru H P O                   |
| 96    | 3403                | Natarajan S V             | 26-01-1946 | Dy Manager, Speed Post BG               |
| 97    | 3445                | Keshava Murthy            | 13-04-1941 | SPM Ashokapuram P O Mysuru              |
| 98    | 3457                | Shankar S                 | 20-05-1943 | Postmaster, Kollegal                    |

Members listed above are requested to attend the Annual General Body Meeting for being felicitated. They are requested to confirm their participation before 30-6-2024. Arrangements for felicitation will be made only for those who confirm their attendance in the AGB. Confirmation can be made either through Post, Phone call, WhatsApp message, SMS or Email.

Post / Phone call / Whatsapp message / SMS to: V.Murugan, Joint Secretary, No. 9, 4th Cross, Near Nature View Apartments, Gopalappa Layout, Off. K.H.B. Road, R.T. Nagar, Bangalore-560032. Mobile: 9902020537, email:pensionersbhavan@gmail.com

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