



Bilingual (Kannada and English) Monthly Journal of
**KARNATAKA POSTS AND TELECOMMUNICATIONS
PENSIONERS' ASSOCIATION (R)**

(KSR Act 1960, REG. No. 1069/98-99)

(FORMERLY RMS PENSIONERS' ASSOCIATION)

Registered as "A Wholly Charitable Trust" U/S 12A of I.T. Act 1961

Registered Office: Pensioners' Bhavan, Telecom Layout, Srirampura Phase II Bengaluru-560064

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AUGUST 2025

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**Coordination Committee of Central Government
Pensioners' Associations Karnataka**

ANNUAL GENERAL BODY MEETING

Saturday the 2nd August, 2025

Held at Udayabhanu Kala Sangha, Gavipuram Extn., Bengaluru 560019



Sri D. Balasubramanian, General Secretary, All India Federation of Pensioners' Associations, Chennai, the Chief Guest, inaugurated the Open Session and addressed the Pensioners.



Arrival of the Chief Guest



Chief Guest addressing the Pensioners



Sri Balasubramanian being honoured by
Sri Radha Krishna, General Secretary



Sri Balasubramanian being honoured by
Sri Krishna Rao, President



Sri Krishna Murthy
Treasurer, presenting
the annual accounts.



Sri Girish Kanagotagi
President, KCGPA
speaking



Sri V Murugan
speaking on
CGHS issues



Chief Guest with Representatives of
Pensioners Associations



The Chief Guest



Audiences

**Minutes of the Annual General Body Meeting of the
Co-ordination Committee of Central Government Pensioners'
Associations, Karnataka, held on 02-08-2025 at 10:30 am in
Udayabhanu Kala Sangha, Gavipuram, Bengaluru - 560 019**

The Annual General Body Meeting of the Co-ordination Committee of Central Government Pensioners' Associations, Karnataka, was held on 2nd August 2025 in Udayabhanu Kala Sangha, Gavipuram, Bangalore – 560 019.

The following Office Bearers were Present:

Sri K.B Krishna Rao, President,
Sri P Gangadhara Rao, Vice President,
Sri P M Parameshwaraiah, Vice-President,
Sri. S V Venugopalachar, Vice- President,
Sri S Radhakrishna, Genl Secretary,
Sri T V Surya Prakash, Jt. General Secretary,
Sri P S Prasad, Jt. General Secretary,
Smt. Juliana R Vincent, Jt. General Secretary
Sri S Krishnamurthy, Treasurer and
Sri R S N Murthy, Internal auditor.

**Chief Guest Sri D. Balasubramanian,
General Secretary, All India Federation of
Pensioners' Associations, Chennai**

About 80 representatives from various
Affiliate Pensioners' Associations were present.
The meeting commenced at 10:30 AM under
the Presidentship of Sri K.B. Krishna Rao.

Sri Radhakrishna, General Secretary
(GS) warmly welcomed President
Sri K B Krishna Rao, to the dais and also all
the Affiliates and participants present. The GS
then read the notice of the AGM issued on
2-07-2025 and following agenda as published
in the notice was adopted by the house.

Agenda for the AGB

1. Inaugural Session Chief Guest,
Sri D. Balasubramanian, General
Secretary , All India Federation of
Pensioners Association, Chennai.
2. Confirmation of Minutes of the Annual
General Body Meeting held on
10 August 2024
3. Consideration & Approval of the General
Secretary's Report & Audited Accounts
for the year 24-25;
4. 8th CPC.

5. Proposal to file writ petition by Forum of
Civil Pensioners Associations in the
Supreme Court against "**Validation of the
Central Civil Services (Pension) Rules
made by an amendment to Finance Act
2025**"
6. Health care-CGHS, Non-CGHS areas and
Pensioners of Autonomous & Statutory
bodies.
7. Functioning of Advisory Committees at
WCs CGHS and Zonal Advisory
Committee.
8. Notional increment for those who retired
after completing 12 months after earning
the previous increment.
9. Election of office bearers for the year
2025-26 and 2026-27.
10. Nomination of Auditor for the years
2025-26 and 2026-27.
11. Any other subject with the permission of
the chair.

As the Chief Guest had not yet arrived
the inaugural session was deferred and other
items of agenda were taken up for discussion

Condolences: General Secretary
placing the condolence resolution mentioned
that following leaders and dignitaries expired
during the period from last AGB to date. V.S.
Achyuthanandan, former Chief Minister Kerala,
SC Maheshwari, Secretary General, Bharath
Pensioners Samaj, S.S. Ramanatha Rao,
former Vice Chairman of CCCGPA and former
President of KCGPA, A.N. Balaram, former
President Coffee Board Pensioners Association.
He also stated that the innocent tourist died
in Pahalgam in Kashmir due to terrorist attack
and 230 passengers who were killed in the
Boeing 787 plane crash at Ahmedabad. He

also expressed heartfelt condolences to all the departed members of the affiliated organizations during the year.

The house observed a minute's silence to pay homage to the departed.

2. Confirmation of Minutes of the Annual General Body Meeting held on 10 August 2024

The General Secretary informed that the Minutes of the AGB held on the 10 August 2024 had already been circulated to all the affiliates and also published in the journals published by the affiliates. No amendments to minutes have been received. If house approves, minutes can be taken as approved. The House unanimously approved the Minutes.

3. Annual Report and Audited Statement of Accounts for the year 2024-25

General Secretary placing the annual report highlighted about certain important subjects mentioned in the report. Mentioning about "Validation of the CCS(Pension) Rules and Principles for Expenditure on Pension Liabilities" which was passed by the Parliament on 29/3/2025 as part of the Finance Act 2025, he stated that through this amendment the Government has annulled the spirit of Judgement by a Constitution Bench of the Supreme Court passed on 17/8/1982 popularly known as Nakara Judgment & hailed as the "Magna Carta" of pensioners.

He explained in detail what led to the Nakara case and its impact on the recommendations of fourth, fifth, sixth and seventh Pay Commissions. However, whatever was achieved through the Nakara Judgement has now been taken away because of the validation clause which has given powers to the Government to categorise pensioners as per the date of their retirement. Though in the virtual meeting held by the Secretary DOP&PW, attended by the representatives of many Pensioners' Associations, the Secretary DOP&PW assured that the validation of Pension Rules would not have adverse effect on the

pension of the existing pensioners, he did not clarify the issue in writing as promised by him in the meeting.

Hence the Pensioners Associations had a detailed discussion and chalked out a plan of action in this regard to bring pressure on the Government to withdraw the validation clauses. The NCCPA gave a call for holding Demonstrations all over the country on 3.4.2025. In Karnataka, Bangalore, due to non-availability of a venue on 3.4.2025, the CCCGPA, Karnataka, conducted the demonstrations on 4/4/2025 at Freedom Park. The affiliate associations of CCCGPA Karnataka and other Pensioners' Associations participated, which was attended by about 500 pensioners.

He further stated that a Forum of Civil Pensioners' Assns (FCPA) was formed under the NCCPA leadership and it was decided to file a Writ Petition in the Supreme Court alongside agitation programmes to oppose the validation of pension rules. A call was also given to the associations to raise donations and a legal fund was created by NCCPA- CHQ. Appeal for liberal donations from pensioners was made to help meet the Supreme Court expenses. Further, All-India programmes were chalked out - one, being a "human chain" by pensioners in various districts on 25.7.2025 and a convention and submission of memorandum to the Governor between August 24th and 28th and a pensioners rally on October 10th at New Delhi.

Karnataka units of Pensioners Associations in the Forum of Civil Pensioners Associations in a virtual meeting held on 19.7.2025, decided to implement all the programmes given by the Forum under the banner of CCCGPA. Considering the restrictions on holding the rallies on the roads in Bangalore, a human chain programme was conducted on 25.7.2025 within the premises of the old CTO building, Rajabhavan Road, Bengaluru. Around 300 pensioners from the affiliates of the Forum participated in the Human Chain programme demanding Withdrawal of the validation of

pension rules, Constitution of 8th CPC and release of the terms of reference and Inclusion of revision of pension of BSNL and autonomous bodies pensioners in the terms of reference of 8th CPC.

As the Chief Guest arrived, it was decided to continue the discussions later and inaugural session was commenced.

Inaugural Session

President, Com. Krishna Rao, welcomed Chief Guest Com. D. Balasubramanian, General. Secretary, All India Federation of Pensioners' Associations warmly saying that he had been leading Pensioners for decades. He further added that it was for the first time that Com Balasubramanian was addressing the CCCGPA Karnataka, but he had earlier in 2018, was the Guest of Honour in the opening ceremony of Pensioners' Bhavan, the building constructed by Karnataka P&T Pensioners Association in Telecom Layout, Bengaluru, an occasion to cherish. Sri Rao requested Com Radhakrishna to introduce Com. Balasubramanian to the House and formally welcome the Chief Guest.

Com. Radhakrishna, while extending a warm welcome to Com. Balasubramanian, recollected that he had taken over the post of President of All India Audit & Accounts Officers Association (IA&AD) from Com Balasubramanian in the year 2006. He mentioned the activities of Com. Balasubramanian and stated that he was a front line leader of IA&AD employees movement in Chennai and was victimised many times for leading various agitations. He highlighted his present role in the Pensioners' movement in Chennai and at the national level.

He informed Com. Balasubramanian that the CCCGPA Karnataka was formed in the year 1998 under the leadership of Com. N. Bhaskaran as the General Secretary and Com. Sadashiva Rao as Chairman and has 32 affiliate organisations. He further mentioned that CCCGPA is working in close

coordination with state unit of Confederation of CGEs on common issues confronting pensioners and employees.

Com. Radhakrishna assured that the CCCGPA Karnataka will implement all the calls of the Forum of Civil Pensioners' Associations and the NCCPA. Thereafter, Com. Krishna Rao, welcomed all the members to the meeting and requested the Chief Guest to inaugurate the General Body meeting.

Inauguration by Com. D. Balasubramanian, Gen. Secy., AIFPA, Chennai

In his inaugural address, the Chief Guest Com. D. Balasubramanian mentioned that the All Indian Pensioners' Association of Chennai was 46 years old. He talked about the close connection and interactions between the Pensioners' Association of Chennai and Karnataka. He paid tributes to Com SC Mahaeshwari Secretary General of BPS who expired recently. He shared his opinion that the main problems of older people is that there is no one to take care of them and they face loneliness. He said that the Pensioners' Associations take care of the welfare of the elders. In Chennai, they organise meetings once in a month without fail. He thanked Com. Krishna Rao for the opportunity given to attend and inaugurate the GB of CCCGPA.

Speaking of the current issues, he mentioned about the delay in constitution of the 8th Pay Commission though it was announced by the Government on 16.01.2025. While recalling the role of late Com. SK Vyas, in preparing the memorandum for submission to the Pay Commissions and late Com. Kutty carrying out the legacy, he requested Com. Radhakrishna to find time for preparation and submission of a memorandum to the Pay Commission.

He informed that in the Standing Committee of Voluntary Agencies (SCOVA) meeting, the AIFPA had brought up the issue of the validation of pension rules as a part of the Finance Bill and its effect on the

pensioners. The Secretary, DOP&PW, had assured that there will not be any effect on the existing pensioners. However, the minutes of that meeting was not given though the same was asked for.

He mentioned the two court cases which are pending disposal. He explained in detail the implications of the effect of the Validation of Pension Rules. He mentioned about the decision that the Pensioners' Association of all states are to send a memorandum to the Govt. of India, through the Governors, requesting withdrawal of the Validation of Pension Rules.

He said that the apprehension is that the benefits of the 8th Pay Commission may not be extended to those who retired before 2025 and hence the decision of the Forum of Civil Pensioners Associations to take legal action for which Shri Kapil Sibal, Senior Advocate was approached.

He said that the human chain agitation programme gave a rousing voice to the demand to withdraw the 2025 Act and mentioned that the vibrating voice was raised throughout the country. He talked about the demand from the Associations side to restore the old pension scheme which was changed to NPS from 2004.

He cautioned the serving employees to not have the illusion that they are safe but to fight for their rights as the position of their pension is scary.

He appreciated Karnataka Posts and Telecommunications Assn in taking the lead in generating the maximum number of Digital Life Certificates for the needy pensioners. He added that the P&T organisations are noted for their bravery and trademark of fighting injustice. Regarding BPS joining the legal action, he said that he would try to convince those who did not see the reality. He concluded that we should learn the lessons of the past and fight for the retired, present and future working together with both State and Central Govt pensioners' against injustice. We should strengthen the Movement and see that the Govts' motives are defeated.

In response to the Chief Guest's address, Com Radhakrishna said that the CCCGPA affiliates also include Kendriya Vidyalaya pensioners association and autonomous bodies pensioners association. EPF pensioners' Association, Akhila Karnataka Akashwani and Doordarshan Pensioners' Assn got newly affiliated to the CCCGPA, Karnataka. He thanked Com. Balasubramanian for his inspiring talk.

Com. Krishna Rao also thanked the Chief Guest for his specific mention of the role of KPTPA in generating the Digital Life Certificates.

The house resumed discussion on the Annual Report & Audited Accounts for the year 2024-2025

The Gen. Secretary's report was taken as read and was approved unanimously.

3.1. Annual Accounts

Com. S. Krishnamurthy, Treasurer, presented the accounts statement to the GB and read out the same which was passed unanimously. He mentioned that many of the affiliates had not paid the annual subscription which had caused shortage of funds for the functioning of CCCGPA Karnataka. He requested for individual donations which would also be appreciated.

With regard to the financial position of CCCGPA, Com. Radhakrishna informed that the Suratkal NIT pensioners' Association was dissolved and a portion of the funds remaining with the Association were paid to CCCGPA Karnataka. Hence CCCGPA could manage some expenses. However, we have more expenses at present as more programmes have to be conducted. Though two programmes are over, the next programme of a convention in August and Delhi Chalo in October are to be taken care of. He requested affiliates to pay an extra donation of minimum of Rs.1000/- as a special fund. He said that only 13 affiliates of 33 associations had paid their subscription and requested the Treasurer to inform each of the associations to pay their dues.

The Accounts were approved by the house unanimously.

4. 8th CPC

Com. Radhakrishna mentioned that after the announcement by the Government to constitute 8th CPC, CCCGPA held a MC meeting on 15th March 2025 and finalised the issues to be included in the common memorandum on pensioners' issues to be submitted to the Pay Commission. These issues were also mentioned in National Executive meeting of NCCPA held on 19th April 2025 at Delhi. In that meeting Com. Radhakrishna and Suryaprakash participated.

5. Proposal to file a writ petition by Forum of Civil Pensioners Associations in the Supreme Court against Validation of the Central Civil Services (Pension) Rules as a part of Finance Act 2025

Com. Radhakrishna informed that in the virtual meeting of Civil Pensioners Association held on 10th June 2025, it was unanimously decided to form "Forum of Civil Pensioners Associations" and challenge the Validation clause in Finance Act 2025 in the Supreme Court. He informed that Com. Raghavendran, SG, NCCPA, convenor of the Forum had assured that the draft of the Writ Petition when ready would be circulated and invite suggestions and Modifications to the petition, if any.

6. Health care-CGHS, Non-CGHS areas and Pensioners of Autonomous & Statutory bodies.

Com. Radhakrishna informed that it is learnt that the revision of CGHS package rates were in the final stage of approval and is likely to be announced shortly. All existing empanelled HCOs had to first get de-empanelled and again re-empanelled with fresh MOU and adopt new package rates. For empanelment, the hospitals need to have a minimum of 100 beds. The NABH accreditation condition has been relaxed and the hospitals will have 6 months' time to complete the procedure after empanelment.

Com. Radhakrishna appraised the House of the position of Doctors on Record and Doctors posted in various Wellness Centres. He mentioned that interior and renovation work are going on in the building allotted by Hubballi-Dharwad Corporation for establishing an extension counter of CGHS WC. He further mentioned that Health Ministry has approved in principle opening of WCs at Shivamogga, Mangaluru and Udupi. The CCCGPA is demanding upgrading of Sahakarnagar and Hubballi WCs extension counter to full-fledged WCs. In addition, CCCGPA is demanding opening of more WCs in Bengaluru. With regard to CGHS functioning, members brought up various points as mentioned below:

- * There were referral hospitals in South Bangalore but not many hospitals in East and West Bangalore
- * Indifference shown to CGHS beneficiaries, mentioning an instance when a pensioner was referred to the Ortho Specialist at Aster Hospital, Hebbal
- * Complaints were made regarding doctors arriving late and making the patients to wait for long
- * A request was made that CGHS Wellness Centres must be opened on time at 7:30 AM
- * Cleaning was poor at a Wellness Centre and issue of tokens were getting closed early
- * In Wellness Centre No 9, patients had to stand and wait, some days on the road, as there was insufficient space and improper seating arrangements.
- * At Sahakarnagar Wellness Centre, the accommodation is not properly utilised
- * Doctors write prescriptions but there is no one to give medications at sahakaranagar WC
- * Pharmacists do not know English
- * One more doctor is required at the Wellness Centre in Mysore. The patients are more in number and the doctor himself is facing stress

- * EPF pensioners have no CGHS benefit and expressed the problems faced in this regard
- * There was a proposal to overcome the difficulties faced by beneficiaries due to repeated visits to Wellness Centres for the collection of medicines, by introducing a facility for delivery of medicines to the residence of the patients on a payment basis.

General Secretary assured that all the above issues will be taken up in ZAC meeting and also will be pursued with CGHS authorities at the Directorate.

7. Functioning of Advisory Committees at WCs CGHS and Zonal Advisory Committee.

The monthly meetings of the Advisory Committee members with the CMO of the respective Wellness Centres are being held regularly. Most of the issues are addressed in these meetings.

The Zonal Advisory Committee meetings are conducted regularly with the Addl. Director, CGHS, along with hospital representatives and issues which cannot be addressed at the Local Advisory Committee level are addressed in the ZAC meetings.

8. Notional increment for those who retired after completing 12 months of service after earning the previous increment.

On the issue of notional increment, Com. Krishna Rao mentioned that the issue has almost been resolved and the orders of the Supreme Court in this regard have been implemented by the Department of GOI by issuance of formal orders

At present, Bhavishya cannot be modified. Before 2018, details of pensioners were uploaded manually. CPAO has been approached and has agreed to amend the software and also provide guidance.

9. Election of office bearers for the year 2025-26 and 2026-27 and Nomination of Auditor for the years 2025-26 and 2026-27.

Com. S. Radhakrishna, Gen. Secretary, informed that Management Committee of CCCGPA consists of ten office bearers and 11 management committee members. Normal practice is affiliated organisations furnish their nominations to the MC and after discussion a panel of office bearers and MC members placed before the house for consideration. If house permits he will place the panel for consideration. The house unanimously agreed. Afterwards, he placed the following panel before the house.

President - 1 K.B. Krishna Rao
 Vice Presidents - 3 P. Gangadhar Rao
 Girish Kanagotagi
 P.M. Parameshwaraiah
 Gen. Secretary - 1 S. Radhakrishna
 Jt. Gen. Secs. - 3 T.V. Surya Prakash
 Juliana R Vincent
 P.S. Prasad
 Treasurer - 1 S. Krishnamurthy
 Internal Auditor - 1 R.S.N. Murthy

Members:

1. M.G. Kodandaram, Secretary, Central Excise and Customs Pensioners Association
2. T. Desikan, Secretary, DRDO Pensioners Association
3. K.N. Nagabushan, Secretary, Retired Railway Officers' Association
4. Chandrappa Moolya, President, Ex-Servicemen BSG Welfare Association
5. Mr. P.V. Ramani, Secretary, Khadhi & Village Industries Pensioners' Association
6. Mr. Eswaraiah, Secretary, Tobacco Board Pensioners Association
7. Mr. K. Nanjundeswaran, Spices Board Pensioners' Association
8. Mr. H.B. Gundu Rao, President, Defence Accounts Pensioners' Association
9. Mr. Naganath, General Secretary, EPF Staff Pensioners' Association, Bangalore
10. Mr. P.V. Rama Rao, Circle Treasurer, SNPWA

11. Mr. Anil Kumar K.P., All Karnataka Akashvani and Doordarshan Pensioners' Association

Com N. Bhaskaran was nominated as Advisor.

The GB accepted the proposed panel unanimously and all the above members were declared elected unanimously.

The Gen. Secy. requested BSNL, DOPT, Income Tax, P&T Associations to form District Committees at an early date. The conveners of these district committees will be special invitees for Management Committee

10. Nomination of Statuary Auditor

The GS proposed that GRSM & Associates may be re-nominated as statutory auditors for the years 2025-26 and 2026-27. The proposal was unanimously approved.

On completion of election formalities,

the Chief Guest Com. D. Balasubramanian was warmly honoured by the President Com KB Krishna Rao and General Secretary Com S Radhakrishna and MC members.

11. Any other subject with the permission of then Chair

Special Donations

Many association representatives came forward and paid special donations to CCCGPA Karnataka which was taken on record by the Treasurer immediately. The GS appealed to all the affiliate to make a special contribution of minimum of Rs.1000/-

As there were no other subjects for further discussions, the General Body Meeting concluded around 1.30 p.m. with a Vote of Thanks.

K.B. Krishna Rao
President

S. Radhakrishna
General secretary

PAYMENTS TO THE ASSOCIATION

Payment of subscription for the journal "Pensioners' Champion" and Donations for the Association **MADE EASY.**

Money Can now be transferred to the association's Bank account through UPI Google pay / Phone pay **by scanning the QR Code printed alongside**

After entering the amount please type your membership number and name in the box "Add a note" seen below the amount in Google pay and "Add a Message" seen in Phone Pay.



ALL INDIA CONSUMER PRICE INDEX

Month	CPI Base 2016=100	CPI Base 2001=100	12 Months Total	Monthly average	7th CPC	DR due
					% increase over 261.42	
Jan. 2024	138.9	138.9 X 2.88= 400	4732	394.33	50.84	50% from Jan, 2024
June 2024	141.4	141.4 X 2.88= 407	4811	400.91	53.36	53% from July 2024
Dec. 2024	143.7	143.7 X 2.88= 414	4893	407.75	55.975	55% from Jan 2025
June 2025	145	145 X 2.88= 418	4962	413.50	58.17	58% from 1st July 2025

* Linking factor for conversion of the index numbers of 2016 base year to 2001 base year: 2.88

1.7.2025 = 58% Confirmed - Orders expected

DONATIONS FOR THE LEGAL FUND

Filing of a Writ petition in the Supreme Court by the Forum of Civil Pensioners Associations against "Validation of Pension Rules"

The Association is extremely glad to note that there has been a very good response from pensioners, both Members of the Association and Non-Members to the appeal by the Association for making donations to the Legal Fund.

The list below has the details of contributions made by Pensioners of Mysuru

We are grateful to Sri M N Rajagopal, former Divisional President, AIPEU - Group-C Mysuru, ably supported by Sri S.Devapala, former Circle President AIPEU - Group-C, Karnataka Circle and a host of retired officers of the Department of Posts Viz: Sri K. Obaiah, Retd. SSPOs, Belgaum Dn., Sri S. Lingasetty, Retd. SPOs, Raichur Dn. & Sri S.Rajashekhara, Retd. Dy Director, PTC Mysuru whose unstinting support to our endeavour in this regard brought unexpected results and ended in collection of a good sum of donations from pensioners of Mysuru.

The names appearing in the lists posted below (exclusive for pensioners of Mysuru), have however been included in the consolidated list of donations received by the Association towards Legal Fund.

List of Donors of Mysuru for Legal Fund

Sl. No.	1000/- Sri / Smt. Non-Members	Sl. No.	1000/- Sri / Smt. Non-Members	Sl. No.	1000/- Sri / Smt. Non-Members	Sl. No.	1000/- Sri / Smt. Non-Members
1	Sreelakshmi	23	Parvathi NA	46	Padmini	69	Rajeshekar K T
2	Jayanthi TS	24	Nalini PH	47	Bala Krishna K	70	Rangamani HV
3	Shantha Y S	25	Leelendra Babu	48	Srikantaiah MO	71	Shashi M R
4	Ganesh Bhat	26	Indira Kini		KR Nagar	72	Krishna Hebbar
5	Vijaya BS	27	Ambuja Valli	49	ShashiKala TC	73	Vani Hebbar
6	Anuradha	28	Bharathi K	50	Purushotham MT	74	Srinivasa Rao D
7	Shoba	29	Meenakshi	51	Sri Ram	75	Prabhakar S I
8	Suresh Murthi MB	30	Gurswamy G	52	Kousalya R	76	Kaveri Srinivas
9	Saraswathi MN	31	Ramamani	53	Kushala Kumari MN	77	Halamma R
10	Latha K	32	Meena M R	54	A Vijaya Bai	78	Vasudeva murthy
11	Narayan Naik	33	Manjula U H	55	Diwakar JN	79	Mani G
12	Vijaya ML	34	Sujatha K N	56	Shylaja TR	80	Sankar Narayan
13	Vijaya Bharathi	35	Sujatha J A	57	Shamalambha	81	Nalini R
14	Anantha Padhmanabha Rao	36	Lokamatha C V	58	Savithri Iyengar	82	Sarojini
		37	Radhamma	59	Vasundhara	83	Nararaju R
		38	Ramesh U	60	Nagalakshama V	84	Malathy CG
15	Saraswathi C	39	Bala Subramanya	61	Jaishree R	85	Jayalakshama
16	Radha ST	40	Radhika D	62	Lalitha KG Sathish	86	Prabha N K
17	Lakshmi S	41	Upadyaya M S	63	Girish Kumar	87	Nataraj H L
18	C.B Devaru	42	Geetha KS	64	Nagarathna CP	88	Vasanthi KK
19	Manjula R	43	Gowri	65	Nirupama	89	Kiran Kumar
20	Champaka	44	Usha Umesh	66	Subalakshmi	90	Rama G.K 501/-
21	Raju N	45	Rukmini	67	Vallidevi	91	Pramila Bai M.K 251/-
22	Prathima R			68	Shamala N S	92	Vijayalashmi 251/-

**Voluntary Donations to Legal Fund
from K P&T PA Members of Mysuru**

SI No.	Rs. 1000/- Sri / Smt.	Membership No.	SI No.	Rs. 1000/- Sri / Smt.	Membership No.
1	Obaiah K	2000/- LM - 2846	12	Suvarna N	LM - 1665
2	Raghavendra Rao GB	2000/- S - 349	13	Rammanna V S	LM - 3440
3	Linga Shetty S	2000/- LM - 3412	14	Venkataramana Swamy	LM - 2856
4	Keshav Murthy KG	LM - 3445	15	Mylarappa	LM - 2902
5	Nagaraja LV	LM - 1459	16	Parimala	LM - 3419
6	Mahadevaiah S	LM - 2586	17	Gayathri M G	LM - 3459
7	Rajashekar S	LM - 3199	18	Siddaraju	LM - 3205
8	Vasudevan	LM - 3276	19	Chowdaiah T C	LM - 3686
9	Kshama Katwar	LM - 3642	20	Rajagopal M N	LM - 3040
10	Veena N	LM - 3063	21	Devapal S	LM - 2430
11	Guru T C	LM - 2988	22	A. Nagasudha	LM - 3591

Consolidated List of Legal Fund Receipts

Member-ship No.	Name Sri / Smt.	Amount	Member-ship No.	Name Sri / Smt.	Amount
Rs. 5000/-			1411	P.N.Sharma	2000
xxx	P.S.Naveen	5116	1550	A.Poobalan	2000
1600	S.V.Sridhara Murthy	5000	1969	K.R.G.Durgaprasada Rao	2016
1657	S.Subramani	5000	1990	B.Ramanna	2000
1812	G.Sreedhara	5000	2293	Sunanda.N.Pai	2000
xxx	Jayalaksh	5000	2337	H.N.Subbaramaiah	2000
Rs. 4000/-			2627	D.A.S.Murthy	2000
1918	A.H.Sathyabodha Rao	4000	2783	T.T.Doddamani	2000
Rs. 2500/- to 3000/-			2807	Savitha.G.Acharya	2000
3	M.Ramiah	3000	2846	K.Obaiah	2000
502	R.Krishnan	3000	2853	C.B.Budihal	2000
1328	H.V.Venkatesha Murthy	2500	2888	H.R.Range Gowda	2000
1805	K.S.Ramanathan	3000	3129	Sudhakar.N.Haldipur	2000
1910	Kalpana	3000	3412	S. Lingashetty	2000
2820	R.S.N.Murthy	2500	3436	M.F.John Robert	2000
Rs.1500/ - 2000/-			S-349	G.B.Raghavendra Rao	2000
35	N.Bhaskaran	2000	xxx	Prathima R.P	2000
599	G.Shanmugha Vadivelu	2000	xxx	C.Saraswathi	2000
918	R.K.T.Shastry	2000	xxx	Gowri	2000
1131	K.B.Krishna Rao	2000		Krishna Hebbar	2000
1292	V.Ranganatha Rao	2000	3235	V.K.Mohan	1500
1309	Soundaram Thyagarajan	2000	3237	Sanna Naik	1500

Rs. 1000/-					
207	S.H.Ragothama Rao	1643	M.Chandrashekar	2191	S.S.Manjunath
858	B.L.Channappa	1665	N.Suvarna	2193	N.T.Gange
911	K.N.Ramaprasad	1700	A.Prakash	2204	V.G.Shettigar
968	S.Ramesh	1722	A.N.Bhat	2206	M.Elangovan
982	B.V.Subba Rao	1729	V.M.Shetty	2217	Raghuram.H.Ganiga
987	C.S.Anandatheerthachar	1735	K.Sethumadhavan	2226	D.Kalyana Rao
1015	H.S.Manjunatha	1753	G.A.Bramhadeva	2228	H.V.Ramakrishna
1070	T.R.Narayana	1758	K.Selvaraj	2237	Niranjan Phadke
1085	M.N.Gopinath	1781	M.N.Shankar	2242	V.Jayavantha Rao
1153	N.Shivashankar	1782	Dheerendra Jayarao	2246	D.L.Pushpa
1156	G.Babu	1802	A.Sambamurthy Rao	2267	K.S.Gowrambike
1171	Roddomb Subramanya	1851	T.V.Seshadri	2282	K.S.Menon
1201	R.S.Ananthaswamy Rao	1869	K.R.G.Durgaprasad Rao	2310	S.N.Ranganath
1233	Sadananda	1952	G.K.Shanmugam	2311	J.Elumalai
1252	Madhavi	1953	C.Ranjini	2315	Indudhar Virupax Patil
1255	S.Lakshmi	1970	V.Murugan	2325	K.M.Sharada
1265	K.Sivadass	1988	N.L.Krishna	2338	R.N.Rajan
1271	Jayashankar Rao	1995	R.J.Chakrapani	2357	H.S.Srimathi
1278	U.Manohar Shenoy	2017	N.Nadarajan	2360	K.R.Kambaiah
1296	M.S.Lalitha	2023	G.Hamsaveni	2399	B.Bheemappa Mali
1322	Indira Devappa(FP)	2028	D.Srinivasa Reddy	2406	M.Arumugam
1349	B.G.Pranesh	2038	S.R.Ramanna	2430	S.Devapala
1367	P.L.N.Gupta	2058	Venkatachalapathy	2445	B.V.Shankaraiah
1370	J.G.Jaiwant	2061	K.R.Krishnamurthy	2446	Abdul Gaffoor
1447	N.M.Hegde	2062	K.R.Anantha Ramu	2466	R.M.Karkal
1450	D.S.Venkatesh	2097	Rukmini Pai	2472	T.V.Ramachandra
1457	N.Manjunatha Adiga	2098	S.Mohankumar	2482	N.K.Subramanian
1459	L.V.Nagarajan	2109	M.Nanjunde Gowda	2502	R.S.Karnic
1471	K.R.Sreekanta	2111	S.G.Hegde	2511	T.G.Chandrashekara
1480	Savithramma	2114	M.R.K.Rama Rao	2514	N.Vinoda
1488	M.S.Krishnamurthy	2136	E.Krishnaji Rao	2515	S.N.Hiremani
1491	P.P. Gopi	2137	D.Venkatesalu	2540	K.S.Parameshwara Bhat
1529	N.V.Rao	2144	J.C.Sathyanarayana Swamy	2547	P.Subbarathnaiah
1555	M.N.Rajeev	2155	T.R.Shankaramurthy	2562	M.A.Parthasarathy
1561	K.G.Bhuvanendra	2157	V.Gopal	2564	B.Nagaraju
1575	R.Nagaraju	2172	B.Nagaraja Acharya	2585	H.N.Seshadri
1575	R.Nagagaraju	2179	K.Devanathan	2586	S.Mahadevaiah
1577	M.Nagalingam	2183	M.Sridhar	2589	Channabasappa
1578	G.N.Sortur	2186	B.Somashekar Goud	2591	Prasannavenkatesha Rao
1579	A.Narayana Swamy	2187	Vishnumurthy Myrpad		

2596	Jalaja	2855	A.Prakash	3040	M.N.Rajagopal
2600	J.L.N.Sharma	2856	Venkataramana Swamy	3054	J.P.Vanita
2618	M.Upadhyaya			3062	P.R.Uma
2620	K.Ramesh Babu	2868	K.B.Venugopal	3063	N.Veena
2622	R.V.Yadav	2873	G.Thyagarajan	3068	C.Harry Charles
2628	H.R.Bhagyalakshmi	2874	S.Sathyarthi	2193	N.T.Gange
2629	V.Jayalakshmi	2878	M.Shivaraj	3077	Suresh Murthy
2635	A.Ananda	2882	Shakunthala	3080	N.Prakasha
2640	R.S.Tankasali	2883	B.Ramachandra	3093	V.Gangahanumaiah
2651	B.T.Chandrashekar	2885	Omkara Murthy	3100	K.Nagesh
2657	D.Kothandapani	2891	N.Padma	3100	K.Nagesh
2659	P.Kanniyyappan	2893	R.G.Byateppanavar	3106	K.Srinivase Gowda
2664	C.S.Doddamani	2899	N.K.Raghavendra Rao	3109	R.S.Prasad
2665	V.S.Naik	2900	S.Malathi	3111	N.S.Shankaranaryana
2674	C.S.Shyamasundar	2900	G.Ramakrishnappa	3117	S.B.Mashal
2688	Suvarna Dinesh Kulkarni	2918	Nagarathna	3126	T.Ashalatha
		2925	A.M.Kamalasundari	3128	C.R.Nagaraja Rao
2699	Sripoorna.V.Sondur	2941	M.Chikkalakshmana	3134	M.N.Sreerangappa
2714	G.K.Meera(FP)	2953	Vanita Arumugam	3136	Venda Bai
2715	K.G.Kulkarni	2954	A.S.Nagendra	3143	H.R.Shamasundar
2721	P.Shekarappa	2957	K.Sivaram	3153	A.George Xavier
2722	A.Padmanabha	2958	B.Anuradha	3154	K.N.Ramachandra Bhat
2736	H.S.Parimala	2961	M.B.Shivalingaiah		
2741	K.Gundu Rao	2963	V.S.Ramamurthy	3159	N.Govindappa
2749	N.T.Ashwathanarayana	2966	Prakash.K.Bhandari	3160	Shafiulla
2752	K.V.Thimmanna	2972	R.Gopalakrishnaiah	3164	G.D.Bhat
2766	B.G.Renuka Prasad	2972	R.Gopalakrishnaiah	3166	M.R.Lokeshwar
2769	K.Ashok Shetty	2982	Mylarappa	3167	C.Manjunath
2770	A.N.Venkatesh	2988	T.C. Guru	3169	A.S.Rajan
2774	Prakash Babu	2989	M.Ramakrishna	3176	M.N.Reddy
2779	G.Krishnaveni	2994	W.Vijaya Rao	3178	Aneelkumar
2782	Lakshminarasimhaiah	2995	S.K.Rave	3184	A.S.Sowbhagyamma
2789	K.S.Balasubramanya	2996	Lakshmi Devi	3185	V.Saraswathi
2801	V.Hajeepeera	2998	H.L.Manjula	3188	G.Honnappa
2805	N.Nagalakshmi	3002	K.M.Veerabhadra	3199	S.Rajashekara
2812	S.Sathyavathi	3007	K.R.Ratnavathy	3200	Ramya Jalatara
2815	L.M.Balappa	3010	R.Divakara Prabhu	3201	R.Jayamma
2819	Sridevi Naragund	3012	M.Kantharaju	3205	S.Siddaraju
2828	R.Srinivasa	3014	M.Sreenivasulu	3210	K.T.Annapurna Devi
2829	L.Prakash	3016	I.N.Shashikala	3220	S.Basavarajappa
2836	R.N.Tavakari	3026	T.R.Sasikala	3264	A.V.Varadarajan

3274	P.Damodara Bhat	20xx	Pranav	xxx	K.S.Geeta
3276	N. Vasudevan	xxx	Subraman	xxx	Usha Umesh
3302	R.Jagannatha Rao	xxx	Lakshmi	xxx	K.S.Padmini
3308	N.Balasubramani	xxx	Venkates	xxx	Cash deposit
3309	K.Ananda	xxx	** 113		(Bldg.Fund A/c)
3310	A.R.Prakash	xxx	C.B.Devaru	xxx	Girishkumar
3311	C.L.Ramesh	xxx	H.L.Natarj	xxx	K.Balakrishnan
3317	V.Prakash	xxx	N.K.Prabha	xxx	T.C.Shashikala
3342	B.V.Ramanathaiah Setty	xxx	A.P.Rao	xxx	Sreekantaiah
3345	H.S.Leelavathi	xxx	Indira Kini	xxx	Sriram
3352	S.V.Hanumantharaya Swamy	xxx	P.H.Nalini	xxx	Purushothama
		xxx	N.A.Parvathi	xxx	Rajagopalxx
3355	B.Srinivasulu	xxx	K.V.Vijayalakshmi	xxx	Rajagopalxx
3363	Noorjahan	xxx	K.Meenakshamma	xxx	Sumanth
3366	M.R.Meena	xxx	K.Bharathi	xxx	Yelwal.S.Savithri Iyengar
3372	M.A.Sriranga	xxx	R.Ramamani	xxx	J.N.Divakar
3396	S.Murali Mohan	xxx	G.Guruswamy	xxx	Vijaya Bai
3398	T.P.Lokesh	xxx	Prakasha Rao	xxx	Shylaja
3402	K.G.Keshava Murthy	xxx	U.H.Manjula	xxx	Shamalamba
3408	O.Virupakshappa	xxx	Sri Lakshmi	xxx	Vasundhara
3419	K.V.Parimala	xxx	Radhakrishna	xxx	V.Nagalakshamma
3421	S.Hari	xxx	Jayanthi	xxx	Lalitha
3424	Y.R.Ambujavalli	xxx	G.Ganesh	xxx	C.P.Nagarathna
3440	V.S. Ramanna	xxx	B.S.Vijaya	xxx	Rukmini
3452	S.Sujatha	xxx	K.Anuradha	xxx	Nirupama
3459	M.G.Gayathri	xxx	Navyashri	xxx	Subbalakshmi
3525	S.Lakshminarayana	xxx	Shobha	xxx	Valli Devi
3530	U.Mamatha	xxx	Saraswathi	xxx	Shama
3552	Anupama.C.Aigal	xxx	Ramesh U	xxx	K.T.Rajashekar
3577	Suma Haricharan	xxx	K.Latha	xxx	H.V.Rangamani
3580	S.R.Nagendra	xxx	G.Mani	xxx	M.R.Shashi
3581	H.K.Venkatakrishnan	xxx	Kanaka Venk	xxx	C.G.Malathi
3591	A.Nagasudha	xxx	S.T.Radha	xxx	R.Jayalakshmi
3586	J.A.Sujatha	xxx	Champaka	xxx	D.Srinivasa Rao
3617	N.Megharaju	xxx	R.Manjula	xxx	Kiran Kumar
3639	S.Jayashree	xxx	Vijaya Bharathi	xxx	R.Nagaraju
3642	Kshama Katwar	xxx	M.L.Vijaya	xxx	Jeevan Rao S.Sathy
3653	Vijayadasa	xxx	K.N.Sujatha	xxx	xx
3682	K.Narayana Naik	xxx	Radhika		Rs 500/-
3686	T.C.Chowdaiah	xxx	C.V.Lokamathe	1469	S.B.Mathod
3707	Vrushabendrappa	xxx	S.Radhamma	1578	G.N.Sortur

1731 E.Santhanam	2397 N.R.Anantha	3170 M.Chandrashekar Pillai
1983 S.Shankar	2736 H.S.Parimala	3354 V.Gangadhar
2086 T.Gurumurthaiah	2897 K.V.Krishna murthy	xxx K.Kumar
2135 M.Chandrashekaraiah	3156 D.S.Ramachandraiah	

Note: List of Donations received in August 25 will be published in September issue of the Journal

ANUBHAV AWARDS 2025



Sri O.Virupakshappa (4th from right) receiving the award from Dr. Jitendra Singh Hon'ble Union Minister for Personnel, Public Grievances and Pensions. Sri V. Srinivas, IAS, Secretary DOPPW- 3rd from Right

Sri O.Virupakshappa, Retd.Senior Superintendent of Post Offices Dharwad Dn, member of KP&TPA bags "Anubhav" award instituted by Govt. of India, Ministry of Personnel, Public Grievance and Pensions, Department of Pension and Pensioners' Welfare, New Delhi.

Sri Virupakshappa was awarded the Prestigious "ANUBHAV" award for the year 2025 in recognition of his invaluable services in the Department of Posts. A write up submitted by him about his decades long experience in the Department of Posts in various positions that he had held, was evaluated by the Secretaries of the Departments of Government of India and was selected for the award.

The underlining importance of the award is that his write-up on his 'Anubhav', during his service with the Govt. of India, Dept of Posts selected for the award is one of the 5 write-ups

out of 1459 entries received by the Department of Pension during the year from 42 Departments of Gol.

The award was presented to Sri Virupakshappa by the Hon'ble Union Minister for Personnel, Public Grievances and Pensions Dr. Jitendra Singh on 18-08-2025 in a glittering "Anubhav Award presentation ceremony" held at Vigyan Bhavan, New Delhi.

Karnataka P&T Pensioners' Association extends its hearty congratulations to Sri Virupakshappa who is the 3rd recipient of the Anubhav Award among the members of the Association. The 1st recipient was Smt. Nagalakshmi, Vice-President, of the Association and the 2nd recipient was Sri P.Damodhara Bhat, Retd.SSRM.

The Association is proud of its members for their singular achievements.

BSNL IDA

IDA from	1-04-2025	-	226. 5%	(2% Decrease - January rate of 228.5)
IDA from	1-07-2025	-	227. 1%	(0.6% Increases over April 25 rate of 226.5%)

Central Government Holidays in August 2025

Milad-Un-Nabi	05-09-2025	Friday
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Validation of CCS Pension Rules - Programmes of Agitations & Filing of Writ Petition in the Hon'ble Supreme Court by the Forum of Civil Pensioners Associations

UPDATE

Protest against Validation of the Central Civil Services (Pension) Rules 1972 & 2021 and Central Civil Services (Extraordinary Pension) Rules 2023 passed in Lok Sabha as part of Finance Bill on 25.03.2025.

In response to the call given by the National Coordination Committee of Pensioners Associations (NCCPA-CHQ) and the Forum of Civil Pensioners Association of 78 Pensioners Associations across the Country, KP&TPA participated in all the agitations conducted under the banner of the Coordination Committee of Central Government Pensioners Associations Karnataka (CCCGPA-K) protesting against the legislation regarding "Validation of Pension Rules" and "principles of expenditure on pension liabilities" passed in the Parliament as part of the Finance Bill 2025.

The first programme was the Demonstration held at FREEDOM PARK Sheshadri Road, Gandhinagar, Bengaluru on 4.4.2025 participated by 15 Pensioners Associations and about 500 pensioners (*Report with photos published in pages 5&6 of the journal- April 25 issue*)

The 2nd protest programme was "Human Chain" held on 25-07-2025 in CTO Compound, Rajbhavan Road, Bengaluru. Many Associations including non-affiliates of CCCGPA-K and a huge number of pensioners participated in this protest also. The protest was held in other cities of the State Viz. Mysuru, Hubballi, Shivamogga, Davanagere, Ranebennur, Raichur, Belagavi, Chikkamagaluru, Tumakuru, Mangaluru (Some photos posted below)

The next programme of action is of holding State Level conventions of Pensioners

Associations between 24-8-2025 & 28-8-2025 and submission of a Memorandum to the Hon'ble Governor with a request to forward the same to the Hon'ble Prime Minister.

A common memorandum drafted by the SG, NCCPA in consultation with the members of the Civil Pensioners Associations Forum, will be submitted by the associations across the country to the respective Governors of the states.

The convention in Bengaluru is being held on 31-08-2025 at the Telephone House, Rajbhavan Road, Bengaluru. Sri D Gopalakrishnan, President, All India BSNL Pensioners Welfare Association, the Chief Guest will speak about the "Validation Rules" and the need for filing a writ petition in the Hon'ble Supreme Court challenging the bill passed by the Parliament.

The 3rd phase of the programme is to meet the members of Parliament by the representatives of the Forum to seek their support in resolution of the demands of pensioners.

And the protest will culminate with the programme "Delhi Chalo" and a Dharna in Delhi on 10-10-2025. A huge number of pensioners from all the states of the nation are expected to participate. A memorandum will be submitted to the Hon'ble Prime Minister after the Dharna

Human Chain Protest



At Bengaluru



At Mysuru



At Shivamogga



At Vijayapura



At Davangere



At Raichur



At Hubli



At Ranebennur

Subscription received for Pensioners' Champion during July-August 2025

Rs.180/- Smt./Sri	Rs. 180/- Smt./Sri	Rs. 180/- Smt./Sri	Rs. 200/- 240/- Smt./Sri
231 N.R.Ramanna	2398 K.R.RamachandraRao	3191 M.Rajendra	x x x Harshad 240
901 R.Karthikeyan	2400 S.Vijayakumar	3311 C.L.Ramesh	Rs. 360/- Smt/Sri
921 Mrs.James George	2445 B.V.Shankaraiah	3318 P.Mallappa	99 H.S.Krishnamurthy Rao
958 K.R.Ananthakrishnan	2450 Arvind Bawle	3320 C.Vasudevan	826 H.S.Prabhakar
986 Geetha Jayaram(FP)	2481 D.Rajan	3324 M.Mohan	1086 B.L.Sathyanarayana
1017 P.S.Vishwanatha	2546 M.Munivenkatappa	3335 R.Janardhana Rao	1225 G.V.Advani
1074 H.C.Srinivasa	2638 T.V.Lakshmi Devi	3345 H.S.Leelavathi	1252 Madhavi
Gopalachar	2641 R.S.Tankasali	3354 V.Gangadhar	1419 G.Chennakeshava
1177 R.Lakshmanan	2643 D.H.Krishna Rao	3358 T.B.Ramalingaiah	Murthy
1289 H.M.Manjunath	(D.S.Pramod)	3397 Leela Murthy	1529 N.V.Rao
1358 N.D.Devadiga	2649 B.Keshava Murthy	3433 B.Siddaraju	1832 R.Ramakrishnan
1388 G.Gopal	2715 K.G.Kulkarni	3516 B.Krishna	2061 K.R.Krishna Murthy
1665 N.Suvarna	2743 L.K.Hegde	3547 T.N.Sathyanarayana	2097 Rukmini Pai
1692 G.V.Christopher	2744 P.D.Kulkarni	3552 Anupama.C.Aigal	2139 D.G.Puttamadaiah
1731 E.Santhanam	2765 P.S.Gajakosh	3569 A.Parimala	2168 D.G.Neethibaran
1788 P.N.Dwarakanath	2769 K.Ashok Shetty	3566 T.Venkatesh	2199 M.T.Ramaswamy
1804 K.S.Janardhanachary	2772 V.Abdul Rahim	3574 K.Parthasarathy	2256 Sheila.P.Tolani
1813 M.Ramachandran	2777 V.Balaji	3577 Suma Haricharan	2502 R.S.Karnic
1831 T.R.Sundararaja	2815 L.M.Balappa	3578 G.H.Thippeswamy	2676 P.Sonnappa
Iyengar	2829 L.Prakash	3584 J.D.K.Sheshagiraiah	2677 M.D.Narayana murthy
1892 R.Shanmugam	2840 R.Rangamma	S-349 G.B.Raghavendra Rao	2679 G.Gangadharaiah
1910 Kalpana	2850 H.A.Nagamani	1xxx Shilpa.N	2703 D. Shantharaj 380/-
1952 G.K.Shamugam	2908 M.T.Andalamma	2xx Nithya B	2712 T.N.Seetharamaiah
1956 G.L.Shivaswamy	2929 K.K.Poulose	334x Rajendra	2847 C.K.Thomas
2005 N.Veerabhadraiah	2983 K.V.Shankar	x x x Sushma	2897 K.V.Keshavamurthy
2006 V.Anantha Rao	3003 B.M.Nanjunda	x x x Sharath Birur	2911 Nagarathnamma
2007 N.Prabhakara	Gowda	x x x Meenakshi Bhandari	2952 V.M.Bhagyalakshmi
2029 J.S.Konnur	3022 B.S.Seetharamaiah	x x x Yashawant	2984 N.Vijayalakshamma
2038 S.R.Ramanna	3033 Vasudeva Chatra	x x x Ravneet	3019 C.S.Nagaraja Rao
2135 M.Chandra	3043 E.Narasimha murthy	x x x Darshan	3075 E.K.Bhaskaran
Shekaraiah	3059 T.S.Arunkumar Babu	Rs. 200/- to 240/- Smt/Sri	3127 P.Govindan Nair
2146 K.Lakshmiopathy	3072 R.Hariprakash	268 Y.L.Vasudeva Rao	3171 Kempnanarasappa
2162 S.A.Kumbar	3074 H.N.Lokesh	837 P.G.Bhatta	3261 B.T.Yomakesh
2165 M.Muniswamy	3079 C.Joseph	1291 V.T.Jayachandran	3359 C.S.Nalini
2186 B.Somashekar Goud	3092 K.Rudrappa	2234 Doddamadaiah	3373 M.S.Prabhakar
2202 P.Sundaramurthy	3102 M.Muniyappa	2889 G.Arivazhagan	3392 S.Nanjundaswamy
2205 H.N.Rama Reddy	3117 S.B.Mashal	3209 N.Srinivasan	3428 Prabhu Swamy
2238 C.S.Chandra	3174 N.Venugopala	3044 Poornima.J.Rao 240	3477 Mahadeva Rao
Shekaraiah	3178 Aneel kumar	S-257 M.I.Madki 240	3567 G.S.Panchakshari
2378 A.B.Basavarajaiah	3182 H.S.Ramesh Babu		3580 S.R.Nagendra
			x x x Cheque
			deposit - 735378

Rs.500 - 540 Smt./Sri	Rs.500 - 540 Smt./Sri	Rs. 500 - 540 Smt./Sri	Rs. 500 - 540 Smt./Sri
1578 G.N.Sortur	1114 H.M.Savithri	2671 G.Sathyanarayana	3558 N.Bhima Rao Sindya
1983 S.Shankar	2086 T.Gurumurthaiah	2912 C.S.Chandrashekar	255x Lakshmi
2263 K.S.Mani	2524 B.S.Latha Bai	2995 S.K.Rave	Rs. 600 Smt/Sri
2790 P.S.Jacob	2596 J.K. Devadiga	3010 R.Divakara Prabhu	851 G.S.Venkataramu
205 L.Narayana	2600 J.N.L.Sharma	3328 J.Chinnappa	2711 N.Vasudevamurthy

Donation for the Building Fund - 104th List July-August 2025					
SI No.	Name Sri / Smt.	Membership No.	Amount Rs.	Receipt No.	Progressive Total of Donation
1745	H.K.Nagarajan	2538	5000	7251	6000
1746	Hanumantharayaswamy	3352	5000	6607	
1747	Mechirackal Kurian	Well wisher	2000	5893	
1748	Girishchandra	1739	320	6704	1240
1749	A.Venkatarathnaiah	2420	320	6710	

List of donations received up to 31-03-2025 has been uploaded to the website of the association 'kptpa.org'. Donors are requested to visit the website and check-up whether their names have been correctly mentioned and the amount donated has been correctly indicated in the list. Discrepancies, if any, may please be informed to the Secretary on Phone: 08023230545 or Mobile 7090151944/9483467750

Donation to Association-for Educational Purposes					
SI No.	Name Sri / Smt.	Membership No.	Amount Rs.	Receipt No.	Progressive Total of Donation
1	V.Murugan	1970	5000	7262	
2	K.Vittoba Rao	1799	1000	7233	

CGHS

PROCEDURE FOR APPLYING FOR A CGHS CARD

1. Visit the official CGHS portal at cghs.mohfw.gov.in

2. Navigate to 'Apply for CGHS Card' available at the top of the homepage and follow the on-screen instructions to complete the online application.

3. After submission, the application and uploaded documents (should be cleared) will be verified (the uploaded documents should be clear, detailed and viewable)

- * If any discrepancies are found, the application will be rejected at the DA (Dealing Assistant) module level.
- * The status of the application can be checked by visiting the "Apply for CGHS Card" section on the portal and by login with your registered mobile number.

4. Once your application is approved, a payment

link will be generated and you will also receive an SMS notification. This link will be available when you login again under the "Apply for CGHS card" section.

Note: In case you didn't receive any SMS for payment or rejection of application, please check your status by revisiting the "Apply for CGHS card" section on the portal and login with your registered mobile phone number.

5. After making payment through the link, the CGHS card can be downloaded directly from the portal.

IMPORTANT NOTE :

Do not make payment separately through the Bharat Kosh portal before applying for the CGHS card, as it will not be considered valid for issuance of CGHS card.

Bengaluru, 21.08.2025 **Additional Director, CGHS**

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WE WELCOME THE FOLLOWING NEWLY ENROLLED MEMBERS

Sl.No.	Name (Smt./Sri)	Designation & Office in which last worked	Type & No.
1	L.Nanjabovi	Postmaster, Grade I, Kalyananagar Post Office, Bengaluru	LM 3706
2	Vrushabendrappa	Postmaster, Grade I, Koramanagala 6th Block Post Office, Bengaluru	LM 3707
3	V.Dasharatha	Cash Overseer, Kolar Head Post Office, Kolar	LM 3708
4	Ranganath	MTS, Bengaluru City RMS, Bengaluru	LM 3709
5	B.Sundari Bai	MTS, Basaveshwara Nagara Post Office, Bengaluru	LM 3710
6	N.Vasudeva Murthy	LSG and BCR Postal Assistant, Mysuru Head Post Office, Mysuru	LM 3711
7	Guruprakash	MTS, Bengaluru City RMS, Bengaluru	LM 3712
8	Shakunthala Anand	Sub Postmaster, IAF Training Comand Post Office, Bengaluru	LM 3713
9	H.R.Veeranna Goud	DPS(HQ), O/o Chief Postmaster General, Chennai	LM 3714
10	Basavantappa Manappa Badiger	MTS, Dharwad Head Post Office, Dharwad	LM 3715
11.	RK. Gururaj	Postal Assistant, Mysuru HPO	LM 3716
12.	Shivaiah	Senior Postmaster, Mangaluru HPO	LM 3717
13.	Mallikarjuna	Sub Postmaster, Mandimohalla PO, Mysuru	LM 3718

Independence Day observed at 'Pensioners Bhavan'

The 79th Independence Day was celebrated on 15-08-2025 at 'Pensioners Bhavan' association's building at Telecom layout, Bengaluru. Sri S. N. Hiremani, Retd. Asst. Postmaster General(Tech)O/o the CPMG, Karnataka Circle, hoisted the National Flag and spoke about the sacrifices made by the leaders and Freedom Fighters to gain Independence. Sri B.S.Chandrashekhara, Retd.Dy. Director(PCD) O/o the CPMG, Karnataka addressed the gathering and spoke about the importance of celebrating our Independence Day.



Regd. Journal

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